

# Mountaineer

Vol. 59, No. 10

Published in the interest of the 7th Infantry Division and the Fort Carson, Colo., community

March 9, 2001



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Pinon Canyon turns up the heat on annual Connelly competition. See page 14 and 15.

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7th Infantry Division exceeds retention standards. See page 11.

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Post Weather hotline:  
**526-0096**

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Photo by Staff Sgt. Antony Joseph

## Buzzzzzzzzzz ...

John Lacy, retired sergeant first class, cuts Georgia Oak wood, Wednesday, at the Morale, Welfare, and Recreation's Woodcraft Center on Wetzel Ave., preparing to make a grandfather clock.

## Lights may go out in April on Fort Carson

By Steve Snyder  
Directorate of Environmental Compliance and Management

April is not only the beginning of spring but also the month that Fort Carson will run out of funding to pay utility bills. Record high natural gas, electrical and water rates, coupled with ever increasing utility demands have resulted in a projected utility "J" Account shortfall of more than \$3.5 million dollars. Again, this "must pay" unfinanced requirement is more than \$3,500,000. Unlike some of our other funding priorities, utility bills must be paid.

The size of this unfinanced requirement, coupled with other funding short-

falls, has motivated the command into assessing how efficiently we are using our nonrenewable energy resources. Command drives around post are being conducted in an effort to identify and eliminate waste and implement low cost and no cost measures that will realize immediate reductions to our ever increasing energy appetite.

Several no cost actions that will realize immediate savings with projected post-wide annual savings are provided:

- Turn off lights and appliances when not needed — \$20,000
- Close windows when the heat is on — \$80,000
- Turn off computers (lunch and night) — \$50,000

- Turn heat down to 55 degrees when buildings are not occupied — \$250,000
- Turn heat back three degrees when buildings are occupied — \$300,000
- Reduce family housing hot water temperature settings to 110 degrees — \$80,000

We all use energy and we can either be part of the problem or part of the solution. Please take a look around your areas and work as if you were paying the bills; in fact we all are. Waste and inefficiency can and will rob this command of valuable resources better spent to train our soldiers, maintain the infrastructure or invest in Quality of Life projects.

## Fort Carson soldier receives bad conduct discharge

by Spc. Stacy Harris  
Mountaineer staff

A soldier from A Company, 4th Engineer Battalion, 3rd Brigade Combat Team, 4th Infantry Division, was sentenced to a bad conduct discharge.

Private first class Kevin Jones was found guilty of armed robbery and conspira-

cy to commit armed robbery.

Jones was one of the seven soldiers charged in the Dec. 14 robbery of a McDonald's restaurant in Fountain. As told in the case held Feb. 6 for Pfc. Nikia Shanks, robbery participant, the soldiers involved began planning the robbery around Dec. 7. According to the

hearing, the first mention of the robbery was during a formation when Jones stated he needed money for Christmas.

According to a testimony given by Shanks, the plan did not work because Jones and Pvt. Michael Toma, robbery participant, didn't block the drive-through and a customer pulled in while the robbery

was taking place. Fountain Police arrested the group Dec. 15.

Jones received a pretrial agreement limiting his confinement to three years. He was also sentenced to reduction to E-1, total forfeiture of all pay and allowances, and a bad conduct discharge.



## Commander's Corner

# Listen to meaning before criticizing new Army slogan



Soriano

**“And every soldier, in every job, can make the kinds of contributions that make the team stronger.”**

The grumbling began the moment the Army's new advertising campaign hit the airwaves. Complaints have bounced off the walls of day rooms and found their way into letters to the editor columns in newspapers. Callers have bombarded talk radio shows to complain about the new advertisements and the tag line that shows up in them: An Army of One.

At first glance, the slogan seems to defy the basic tenant of the Army -- teamwork makes the Army work. Cliché phrases like “there's no ‘I’ in team” and “one team, one fight” have been the mantra of the unhappy soldiers and retirees.

The problem is that most complaints have come from those who haven't taken the time to look at exactly what the advertising campaign is all about. It's not about individualism. It's not about being Rambo. It's not even about running alone through the desert. It's about soldiers making a difference.

Employees at the Army's new advertising agency, Leo Burnett out of Chicago, did months of research, talking to thousands of young people about the Army. Some of these dedicated and talented people visited Fort Carson and spent time with Mountain Post Team soldiers to find out what drew them to join the Army and what makes them stay. Some of these lessons learned - most notably the pride an individual soldier can take in his or her accomplishments — are visible in the campaign.

What the ad agency learned from talking with today's youths was that they believe if they join the Army, they won't be able to make a positive impact. They feel joining the Army means you become a cog in a huge machine, with little or no ability to make the world a better place. Young people see themselves being lost in the system. Not able to improve things.

Not able to make a difference.

History shows that this simply isn't the case.

Take the story of Capt. James M. Burt, who commanded Company B, 66th Armored Regiment, 2nd Armored Division during the Battle of the Bulge in World War II. The Normandy invasion just completed, allied forces were counterattacked by the Germans. A bulge in the forward line of Allied forces formed, giving the battle its name. Burt and his tank company were in the middle of the action, when they got the order to close the Aachen Gap, which was a supply corridor for German troops. Burt, a tanker, spent a good portion of the fight dismounted, three times crawling into enemy lines to direct artillery support on the enemy. He charged 75 meters across open ground under heavy fire to rescue his battalion commander, who had been wounded. For eight days, he held U.S. forces together, despite constant attack, rain and cold and heavy enemy shelling. He is credited with making the victory at Aachen possible and closing the gap that supplied the German forces. If there had been no Capt. James Burt, German forces may have been able to hold the supply lines open and, at the least, continued their counterattack. Burt was definitely an Army of one.

Then there's the story of Sgt. Cornelius H. Charlton, a member of Company C, 24th Infantry Regiment, 25th Infantry Division. His platoon was charged with attacking a heavily defended enemy position near Chipo-ri, Korea, in 1951. His platoon leader was wounded and had to be evacuated. Charlton took command and led an assault up a hill against enemy positions, taking out two fortifications and killing six enemy soldiers with his rifle and grenades. When his unit's advance was bogged down by heavy casualties, he regrouped his men and took them forward. He was hit in the chest and his unit fell back. He saw where the last enemy position was located, charged the site alone and single-handedly eliminated the threat, dying from an enemy grenade as he routed the defenders. Without Charlton, the hill would have stayed in enemy hands. Charlton was an Army of One.

It's important to note that neither of these examples includes a soldier who was fighting a war by himself, but rather that these two soldiers through their individual action made the team stronger. And that, is what the new Army slogan is all about -- not that one soldier can win a war, but that every soldier

makes the team more powerful. Every soldier is An Army of One.

And every soldier, in every job, can make the kinds of contributions that make the team stronger. Some of the most innovative ideas in doing things better, smarter and safer come from young soldiers.

For instance, the Army Ideas for Excellence Program Web page tells this story: “Chief Warrant Officer 2 David R. Cassity, Battery Motor Officer/Missile Technician, Army Materiel Command, 2nd Battalion 44th Air Defense, Air Defense Artillery, 101st Airborne Division (Air Assault) and Fort Campbell, Ky, recognized an improved procedure impacting today's modern battlefield by utilizing a solid state 12-Volt Direct Current TO 110-Volt Alternating Current inverter for programming the Stinger Missile Identification Friend or Foe codes and charging IFF batteries. The inverter allows the IFF programmer/charger to remain on constantly while the platoon sergeant is in motion across the battlefield, significantly improving this war-fighting capability.”

Others who made a difference were the physician assistant who improved safety of medical workers by coming up with a safer way to dispose of hazardous needles. Or the optical instrument specialist who saved the Army \$5.3 million in one year by coming up with a cheaper way of fixing night-vision goggles. Or the ammunition specialist who devised a better set of training aids for handling unexploded ordnance, possibly saving hundreds of lives in areas with a lot of unexploded ordnance, such as Bosnia or Kuwait. Each of these soldiers is an Army of One.

And that is the key to the new advertising. The ads highlight soldiers who are making a difference. And they tell young people that if they join the Army, they can make a difference. Check it out for yourself at [www.goarmy.mil](http://www.goarmy.mil) or better yet, direct a young person you care about to the site. You might just start them down the road to becoming a soldier. The Army needs every person it can get who is willing to be An Army of One.

Mission first ... people always ... one team. Bayonet!

**Major Gen. Edward Soriano**  
*Commanding General  
7th Infantry Division and Fort Carson*

## Letter to the editor: Community member sends thanks to soldier for heroic deed

I am writing to you because of an unfortunate incident that happened to me and my 10-year-old son which turned out OK because of the heroic efforts of one of your soldiers.

My son and I were shopping at the Citadel Mall on the evening of Feb. 8. We decided to eat dinner in the food court. I have been sick and needed to purchase a couple of items for my stay in the hospital. I had set my purse in the chair (right next to me) and placed my shopping bag on top of my purse. My purse was not visible, but someone must have been watching.

I was talking with my son and noticed something move next to me. A thief moved my shopping bag and grabbed my purse and ran. I screamed, “He has my purse.” And one gentleman took off after the thief. I had my son, “stay put” and took off after them. When I got out of the mall, I looked in all directions and noticed the gentleman, (a soldier) walking towards me with my purse. Apparently he had caught up with the thief and pushed him (it had snowed and was very icy). They both fell to the ground. The thief ran off and this young man, a soldier,

brought my purse back to me.

I am writing to you because I feel that you needed to be aware of what a great soldier you have on post. I think what he did for me and my family was something you don't see every day. I initially asked for his name and address, but, he was very humble and said, “I just did what I had to do.”

When the police talked to him, he agreed to let me have his name and address. I am sending a card and a \$100 gift certificate in hopes that you will pass this one to him. The Citadel and I both contributed for the gift cer-

tificate; just a little “Thank You” for the great deed he did. This sort of thing doesn't happen all the time and I am grateful for what he did. His name is Ryan Everson, assigned to the 3rd Armored Cavalry Regiment.

***Sincerely, Rosalie D. Williams***

***Editor's Note:*** Although what this soldier did was heroic, according to the Provost Marshal, if you find yourself in a similiar situation, it is smarter and safer to contact local law enforcement authorities and let them handle the situation

### MOUNTAINEER

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This newspaper is an authorized photo offset publication produced weekly in 15,000 copies for members of the Army. Contents are not necessarily the view of the Army or Fort Carson.

The *Mountaineer* is an unofficial publication authorized by AR 360-1. Editorial content is prepared, edited, and provided by the Public Affairs Office of Fort Carson. The *Mountaineer* is printed by Gowdy Printcraft Press, Inc., a private firm in no way connected with the Department of the Army, under exclusive written contract with Fort Carson.

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Subscriptions are available for \$40 per year.

All correspondence or queries regarding advertising and subscriptions should be directed to Gowdy Printcraft Press, Inc., 22 North Sierra Madre, Colorado Springs, CO 80903, phone (719) 634-1593. The *Mountaineer's* editorial content is edited, prepared and provided by the Public Affairs Office, Bldg. 1550, room 2180, Fort Carson, CO 80913-5000, phone

(719) 526-4144 .

Releases from outside sources are so indicated. Army News Service (ARNEWS) releases are received from Headquarters, Department of the Army. The deadline for submissions to the *Mountaineer* is close of business the Friday before the issue the submission will appear in. The *Mountaineer* staff reserves the right to edit the submissions for newspaper style, clarity and typographical errors.

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# News

## Women’s History Month celebrations set for post

**by Sgt. 1st Class Debra Kessler  
Fort Carson Equal Opportunity  
Office**

“Celebrating Women of Courage and Vision” is the theme for Women’s History Month. Fort Carson will celebrate with a special observance March 22 at the Elkhorn Conference Center, from 1 to 3 p.m. There will be guest speakers, refreshments and exhibits provided by Community Health, World Class Athletic Program, Army Community Service and various organizations. Guest speakers will be Juliet Draper and Sandra Bell.

Draper is a former Fort Carson soldier and firefighter, now with the Colorado Springs Fire Department. She is the 1999 champion of the World Firefighter Combat Challenge, as well as other firefighter competitions.

Bell is a professional trombone musician, a doctoral candidate in trombone performance, and an instructor of various low-bass instruments. She has performed with the Colorado Springs Symphony.

Women’s History Month was started with a weeklong celebration. The Education Task Force of the Sonoma County, Calif. Commission on the

Status of Women, initiated Women’s History Week in 1978. The celebration spread throughout the nation.

In 1981, United States Representative Barbara Mikulski and Senator Orrin Hatch co-sponsored the first Joint Congressional Resolution securing “National Women’s History Week.” This observance was seen as an effective method to achieving equity goals within classrooms and elsewhere.

In 1987 the National Women’s History Project petitioned Congress to expand the national celebration to the entire month of March, and in March 1987 it was written into public law number 100-9. It is on this basis that the Department of Defense recognizes Women’s History Month as one of the eight special and ethnic observances celebrated by the armed forces.

Women’s History Month gives us the opportunity to remember and celebrate women’s contributions throughout our history. Women have played an ever-expanding role in the military as well as through American history. Dr. Mary E. Walker was the only woman ever to receive the Medal of Honor. President Andrew Johnson signed the award Nov. 11, 1865. Walker’s award

was rescinded in 1917, along with 910 others. Walker refused to return the Medal of Honor, and she wore it until her death in 1919. President Jimmy Carter restored the Medal of Honor to Walker on June 10, 1977.

Since Walker, women have progressively continued to serve honorably in the United States Armed Forces. More than 400,000 women served in nearly all non-combat jobs during World War II. The Women’s Armed Services Integration Act of 1948 granted women permanent status in the Regular and Reserves forces. Previous to that, women would serve as auxiliary when needed. In the Korean War more than 500 women served in combat zones in medical units, and in the Vietnam War approximately 7,500 women served tours in Southeast Asia. These women who served alongside men in uniform are just now beginning to be recognized.

On Nov. 8, 1967, President Lyndon B. Johnson signed Public Law 90-130, which repealed ceilings on women’s promotions that had previously been in place. In June of 1970, Anna Mae Hays, Chief, Army Nurse Corps, and Elizabeth P. Hoisington, Director of the

Women’s Army Corps, were the first women promoted to the rank of general.

President Gerald Ford signed Public Law 94-106 Oct. 7, 1975 admitting women to the military academies. Women were enrolled in all service academies by the fall of 1976.

Women were integrated into the total Army Oct. 20, 1978, when the Women’s Army Corps or WAC was deactivated. Since then, women in the Armed Forces have become pilots, commanded cadets, graduated at the head of the class at the military academies, served on ships, deployed to combat zones and been to outer space.

Currently, more than 40,000 women deployed during Desert Shield/Desert Storm.

This year’s Women’s History Month theme, “Celebrating Women of Courage and Vision,” recognizes current heroines as well as those throughout history. Women are a vital part of the Army and will continue to serve honorably. The Division Equal Opportunity office invites the entire Mountain Post Family to join this year’s celebration.

We are “An Army of One.”

# E-mail may become a problem if not used appropriately

by Spc. Stacy Harris  
Mountaineer staff

With a simple click of the mouse, electronic messages can be sent to thousands of people. But, the technology that has become such a convenience may also become a problem in personal communications.

“Electronic mail is supposed to be a brief and concise way of doing business,” said Peter Gates, computer specialist. “It should be no different than a quick phone call or a small note.”

Even so, what used to be a quick message has now evolved into setting up major taskings, he said. This evolution can lead to many problems such as misunderstandings or loss of personal contact.

“There is no facial interface,” Gates said. “You are getting it literally, but there is no voice reflection. The true meaning could get confused at times.”

An example is an e-mail message received in all

caps. In some cases, the sender may be trying to relay an urgent message, he said. In other cases, it might just be poor typing skills.

Lack of personal contact can also become a problem because of the ease and speed of e-mail, especially in the military, Gates said.

“If we tend to use this (e-mail) as a major source of communication without using the telephone or personal contact, then what you end up with is leaders who are leading by computer,” he said.

Communication is how the receiver perceives the message. In some cases, the sender puts out e-mail messages to people he or she doesn’t know.

“If all you do is send e-mail all day long, you are not getting to know those people (receivers,)” he said. “That personal contact is lost. You need the human interaction, and that is something we are losing in our society (because of the Internet.)”

Even with the negative aspects of sending e-mail, it is still a good way to communicate with others, Gates said. Electronic mail can be a quick way of doing business that is faster and cheaper than using the telephone, he said, but, senders should remember to always use good communication and proper etiquette.

Gates suggests senders keep it brief and concise, for which e-mail was originally intended; adhere to good e-mail etiquette by not using capital letters or doing major taskings; and do not send classified information over the network. Inappropriate e-mails include “spam,” jokes or anything that may be considered offensive by the receiver.

“I think e-mail is a good source of communicating quickly,” Gates said. “I think if it is used properly it is another (good) tool of communication.”

## Post personnel need to register vehicles

The Fort Carson Vehicle Registration Office conducts vehicle registration services at the Fort Carson Post Exchange Tuesdays and Saturdays and at the Fort Carson Commissary each Thursday.

The following dates remain for one-stop vehicle registrations:

- PX: 10 a.m. to 2 p.m. - Saturday, Tuesday and March 17, 20, 24
- Commissary: 10 a.m. to 2 p.m. - Thursday and March, 22

Motor vehicles must be registered according to AR 190-5 guidance. Unless otherwise specified by this regulation of other competent authority, a person who lives or works on a military installation or often uses the facili-

ties will be required to register his or her vehicle.

All vehicles entering the post not having a valid Department of Defense decal or displaying an expired decal will be stopped and asked for appropriate identification. Any vehicle entering post during the hours of 10 p.m. until 4 a.m. daily with a current DOD decal, regardless of the place of issue -- Fort Hood, Peterson Air Force Base or the Air Force Academy, will be allowed access and will not be asked for ID Cards.

During heightened installation security measures, all vehicles entering post must be registered. Vehicles not registered will be delayed access to the installation.

## Love is in the Air: Bridal Show and Wedding Faire set

by Sean Stewart  
Morale Welfare and Recreation

“Love is in the Air Bridal Show and Wedding Faire” is March 25 at the Elkhorn conference Center beginning at noon. Entrance is free. The event will begin at noon Sunday afternoon.

The bridal show takes the legwork out of planning your wedding by bringing bridal businesses to you.

Stephanie Jacobson, the

Elkhorn’s General Manager, has assembled exhibitors in every wedding category, giving you a variety from which to choose. The event includes a fashion show.

Ask about the “Rose Petal Pass” upon arrival and find out how to enter the Grand Prize drawing.

Check out the Love is in the Air Bridal Show and Wedding Faire at: [www.ftcarson.com](http://www.ftcarson.com) under upcoming events.



# Community

## At the end of your rope? *Suicide prevention teaches Fort Carson soldiers how to cope*

by Spc. Stacy Harris  
Mountaineer staff

When it comes to suicide, even one second can be too late to save another person's life.

"There are two ways to approach suicide — through prevention and reaction," said Chap. (Maj.) Guy Glad, family life chaplain. "If we are dealing with reaction, it is already too late."

The Army has recently made a big move on suicide prevention, due to the belief that it may be preventable. Therefore, everybody needs to be trained on suicide prevention and be aware of the signs of someone who may be at risk, Glad said.

Even though statistics show suicides were down in fiscal year 2000 for the Army, the Army still encourages suicide prevention training classes to be held a minimum of twice a year, he said. It is a commander's program with unit chaplains designated as trainers.

"It's important to keep something this important highly visible," Glad said. "We want to make sure we save lives and try to help soldiers and their family members better deal with the stress of military life."

Suicide prevention is a way for commanders to intervene. With the upbeat tempo of today's military, training stress is becoming heavier and heavier, and that is something soldiers are going to have to continually deal with, he said.

"It (suicide prevention) makes

**Important Numbers to remember**

Mental Health services 526-7155; Evans Emergency Room 526-7111;

Police/ MP's 911; field officer of the day 526-3400; Duty Chaplain 526-3400.

everyone aware that they are not the only one feeling stress," Glad said.

When a person is exposed to elevated stress levels, the body loses the ability to cope, he said. By giving leaders more training, they are more equipped to intervene and help soldiers.

Many factors can lead to a higher suicide risk, Glad said. Some variables include relationship problems, deployments, adverse actions or drugs.

"All of these variables together can increase suicide potential," he said.

When people find it difficult to cope with elevated stress levels, they begin to get a sense of hopelessness, helplessness and worthlessness, Glad explained. During suicide prevention training, soldiers are taught how to cope with stress in a healthy way, not a destructive way.

"When someone is in that mind set, they are saying there is no reason to live," Glad said. "There is just one thing left (to them), and that is to take their life."

"Suicide is not the answer," he said. "There are 100 more answers that are much better."

The Army is now trying to adopt the Air Force's highly successful sui-

cide prevention campaign, he said. In the past, the Air Force has had half the suicide rate of the Army. It is believed the difference in statistics is due to the Air Force's personnel's willingness to come forward with a problem. In the Army, it was commonly believed, if a soldier asked for help with a problem he or she was considered weak.

"If you ask for help with a problem," Glad said, "that doesn't mean you're weak, that means you're smart."

According to an Army News Service release, the new Army suicide prevention model, "Soldiers, Leaders and Communities Saving Lives," focuses on four major areas: developing life-coping skills, encouraging help-seeking behavior, raising vigilance on suicide awareness and integrating and synchronizing unit and community programs.

To better train soldiers, post chaplains have been receiving suicide prevention training at the Menninger Clinic in Topeka, Kan. Glad said the goal is to get 100 percent of the chaplains trained through the clinic on suicide prevention.

The chaplains have also received a training support packet with elements of what is taught in the "Applied Suicide Intervention Skills Training,"

or ASIST workshop. The focus of the training is to provide anyone who might come in contact with a person at risk for suicide, with the confidence and tools to take immediate life-saving actions until the individual can be seen by a mental health care professional. The Fort Carson chaplains have now integrated the ASIST workshop into their training.

Also, to improve suicide awareness on Fort Carson, Maj. Gen. Edward Soriano, commanding general, 7th Infantry Division and Fort Carson, has mandated that each soldier receive a "prevention card," which lists signs of suicide and how to help. The cards will be handed out at the Fort Carson Welcome Center and at unit levels.

"I think suicide prevention is one of the most visible elements of the commander's philosophy," Glad said. "Commanders, as well as chaplains, are being continuously reminded of the need to conduct suicide training."

Overall, Glad believes that suicide prevention is just like the buddy system, carrying the same philosophy of "you watch my back and I will watch yours."

Because of this, Glad said he believes suicide prevention is everybody's job.

"Suicide prevention is an emphasis that we all need to take seriously, regardless of rank or position in any unit," he said. "It's the ultimate form of taking care of one another."

# AFAP takes action on top five family support issues

by Megan M. Costanza,  
Army Family Action Plan Contractor

An article detailing the top five issues voted on by our Fort Carson Delegates was printed in the *Mountaineer*.

Other issues were also developed at the December 2000 conference.

The work group looking at family support issues chose to address the compliance of the family readiness group regulation and installation support to isolated active duty units. Kim Lofgren facilitated this group and said, “It went very well and the input from the delegates, with these issues, will definitely benefit our Army families. Our subject matter experts were very knowledgeable and helped us tremendously.”

The issue regarding compliance with the Fort Carson Family Support Group Regulation 608-47 was written by the delegates who stated they do not feel that all chains of command on Fort Carson are ensuring the regulation is adhered to within their units. The delegates said, because of non-compliance of the regulation, ineffective readiness preparation activities exist from unit to unit, and this results in uninformed and unprepared soldiers and families.

The delegates suggested the enforcement of the regulation, requiring commanders to ensure all appointed family readiness group leaders attend the Family Readiness Group Training held at Army Community Service. It was suggested each family readiness group be required to establish a standard operating procedure based on individual unit needs.

The delegates also suggested the establishment of an incentive award to recognize outstanding family readiness groups.

Nancy Montville of Army Community Services Outreach Department responded to the issue. “The Command is implementing a standardized CIP for

family readiness groups,” she said

The units will be inspected with an ACS representative present to see that they are meeting all of the Fort Carson standards, which include:

- Has the brigade established family readiness groups to support family readiness and deployments at all levels of the organization (i.e. brigade, battalion, squadron, company, troop, team)?
- Is the applicable commander, sergeant major, or first sergeant actively involved in FRG operations?
- Are FRG meetings conducted in accordance with Fort Carson and 7 ID reg 608-47?
- Do FRG meetings provide information and programs that enhance family readiness and are relevant to the soldiers and families?
- Are copies of meeting agendas, program evaluations, and/or surveys on file within the organization?

“It is a commander’s responsibility to ensure these standards are met within the unit. FRG training is available on a monthly basis through the ACS Outreach Program. It is also available upon request to individual units. Call 526-0461 to schedule training,” Montville said

The second issue developed by the Family Support team asked for support to isolated active duty units. The delegates wrote that soldiers and family members in these isolated units do not receive information about the nearest Army installation. These isolated active duty units often fall under a different Major Army Command than the nearest installation, resulting in servicemembers and family members being uninformed about resources available to support them.

The delegates recommended the development of a packet from the nearest installation to include community Web site information for distribution to these units, as well as informing these members of their entitlements to military services at all U.S. installa-

tions.

The delegates also recommended that installations be informed of these isolated units.

Donna Finney, the director of the Relocation Readiness Program at ACS, responded to this issue.

“Relocation Readiness program has notified Army units in the Denver and Colorado Springs area that we will be happy to provide them with Fort Carson welcome packets. Currently, Army Space Command has accepted our offer,” Finney said

Other military installations in the Denver/Colorado Springs area are listed in the Fort Carson SITES packet and as links to the Fort Carson Relocation Web site, according to Finney.

The Relocation Managers from Peterson Air Force Base, Fort Carsont, the Air Force Academy and Buckley Air Force Base have established quarterly meetings to ensure markets are knowledgeable about services being offered at other installations.

“NORAD is listed in the Fort Carson SITES as a geographically separated unit. Army Space Command has been added to the Fort Carson SITES booklet on the DMDC Web site.

“Soldiers from geographically separated units in Denver and Colorado Springs in and out process through Relocation Readiness and ACS to ensure they are aware of services offered,” Finney said.

Fort Carson’s Army Family Action Plan staff would like to thank those who have taken their time to answer our issues and questions. Continue to watch for follow-up articles highlighting the issues of other development groups.

If you are interested in being a volunteer or delegate for the Army Family Action Plan please stop by building 1526 or call Army Community Service at 526-4590.

The 2001 conference is scheduled for Nov. 14 and 15.

# Animal Bites: a concern that can be avoided

by Capt. Jennifer Chapman  
Fort Carson Veterinary Treatment Facility

Every year, 4.7 million people in the United States are bitten by an animal. Evans Army Community Hospital has treated 19 people, bitten by animals so far this year

Other facts involving animal bites:

- Emergency Room personnel at EACH last year treated 177 people who were bitten by animals. This number is down by 16 percent, compared to the year before.

- National statistics indicate that most animal bites involve children, and that children are more likely to be bitten on the face. In fact, over 1,100 children are seen daily by medical professionals because of a dog bites.

These facts are alarming, but even more significant is the fact that most bites are preventable. The primary factors involved in animal attacks are:

- Unawareness of normal animal behavior -- failure to understand the warning signs of an impending attack or provoking an attack, such as trying to break up a fight between two animals.
- Irresponsible behavior by pet owners -- failure to control their animals.
- Uninformed or irresponsible pet breed selection by owners -- a family with children should carefully consider the type of breed they choose as a pet.

The purpose of this article is to educate you on the proper actions you should take after a bite, to protect

yourself and your family. Infections from bite wounds can be serious. Dogs and cats have many different bacteria in their mouths and a bite can "inject" these bacteria deep into a person's skin. More importantly, rabies is invariably fatal if it is left untreated. Fortunately, death from rabies virus is preventable in humans as long as treatment is started as soon as possible. It is imperative that you understand what to do in the event you have been bitten by an animal.

1) Provide emergency first aid, as needed. Prompt washing of wounds and flushing with a disinfectant is critical in preventing infection.

2) Immediately report to the emergency room for treatment. This is not only common sense, but it is required so that Veterinary Services may begin to investigate the circumstances involved in the bite incident.

3) Emergency Room personnel will initiate the DD Form 2341, Report of Animal Bite. They will need information from you concerning the incident. This information is critical to follow-up on the case.

- Circumstances of the attack -- necessary to determine whether the animal is exhibiting normal or abnormal behavior. For instance, if you try to take food away from an animal, that animal can be aggressive and still be exhibiting normal behavior.

- A description of the animal -- provide as much detail as possible. We will need all available information if it is necessary to search for an

unidentified or stray animal.

- Owner of the animal -- if you know the owner, provide as much information as possible to make it easier for us to track down the animal and obtain the animal for examination, vaccination history and quarantine, as needed.

- Your personal information -- this is very important to investigating the case or if medical personnel need to reach you for follow-up treatment.

4) Emergency Room personnel will complete their portion of the DD Form 2341, to include medical treatment of the case.

5) The form is then picked up by Veterinary Services, who is responsible for continuing the investigation. Preventative Medicine is notified of each case and a Rabies Advisory Committee (a team of medical professionals) convenes to evaluate the risk of rabies exposure and recommend preventative measures, if necessary.

6) Veterinary personnel ensure the animal is presented for examination and determination of quarantine procedures. This is pertinent in the case investigation. Military Police become involved, if necessary, to ensure owner compliance or to capture stray or wild animals.

7) Coordination with civilian authorities is necessary for all animals that live off post.

8) Veterinary Services documents all findings regarding the animal, and forwards this form to Preventative Medicine for completion and entry into



a military database of epidemiological information.

Many agencies are involved in investigating animal bite cases, so remember, the information you provide is critical in helping this process run as smoothly as possible and, most importantly, to ensure the proper steps are taken to protect you or your family members if bitten by an animal.

All domestic dogs and cats are required, by law, to have a current rabies vaccination. Fort Carson Regulation 40-5 also requires that all pets residing on post be vaccinated annually for rabies and have a current rabies tag identification on at all times. The Fort Carson Veterinary Treatment Facility offers vaccination clinics Monday, Wednesday and Friday. Call 526-3803 for more information.



## Chapel

**Lenten Lunch — Christians prepare for Good Friday during the season of Lent.** As part of this preparation a lenten devotion time including a light lunch will take place each Wednesday, through April 11, 11:30 a.m. to 12:45 p.m. at Soldiers’ Memorial Chapel. All are invited.

**Soldiers’ Memorial Chapel will present “The Living Last Supper”** dramatic event April 12. Help is needed in many facets of the production — actors, props, set construction, makeup, costumes and general support. To join in this exciting project please contact Bob Kwiatkowski at 392-4883.

**Protestant Lenten Easter Schedule**  
**Wednesdays in Lent Ecumenical Lenten Lunches —** March 7 to April 4, lunch provided 11:45.  
**Palm Sunday Regular Protestant Worship Service Schedule —** 11 a.m.  
**Easter Thursday Maundy Thursday Service —** 11 a.m. at Healer Chapel.  
**Liturgical Communion Service —** noon at Soldiers’ Chapel.  
**Seder Meal with Communion April 12 —** 6 p.m. at Soldiers’ Chapel.  
**Living Lord’s Supper —** 7:30 p.m. at Soldiers’ Chapel.  
**Good Friday Ecumenical Good Friday Service —** noon at Soldiers’ Chapel.  
**Good Friday Service Last Saying of Christ —** noon at Healer Chapel.  
**Easter Sunday Ecumenical Sunrise Service —** 6 to 6:40 a.m., outdoors at Soldiers’ Chapel.  
**Continental Breakfast —** 7 a.m. at Soldiers’ Chapel. Regular protestant worship schedule

**Special Lenten-Easter Catholic Services**  
**Fridays Lent Stations of the Cross —** 11:30 a.m. at Healer Chapel.  
**Stations of the Cross —** 7 p.m. at Soldiers’ Chapel.  
**Soup/Bread Supper —** 5:30 to 7 p.m. at Soldiers’ Chapel.  
**March 28th Communal Penance Service —** 7 p.m. Confessions.  
**Holy Thursday-April 12th Holy Thursday Mass —** noon at Healer Chapel.  
**Holy Thursday Mass —** 7 p.m. at Provider Chapel.  
**Good Friday-April 13th Good Friday Service —** noon at Healer Chapel.  
**Good Friday Service —** 7 p.m. at Soldiers’ Chapel.  
**Holy Saturday-April 14th Holy Saturday-Easter Vigil —** 8 p.m. at Soldiers’ Chapel.  
(regular Saturday evening Mass at 5 p.m. canceled)  
**Easter Sunday-April 15th Easter Mass —** 8 a.m. at Veteran’s Chape.  
**Easter Mass —** 9:30 a.m. at Soldiers’ Chapel.  
**Easter Mass —** 12:15 p.m. at Provider Chapel.

## Chapel Schedule

ROMAN CATHOLIC					
Day	Time	Service	Chapel	Location	Contact Person
M-W-F	noon	Mass	Healer	Evans Army Hospital	Chap. Stahl/526-5769
Tues-Thurs.	noon	Mass	Soldiers’	Nelson & Martinez	Chap. Stahl/526-5769
Saturday	5 p.m.	Mass	Soldiers’	Nelson & Martinez	Chap. Stahlc/526-5769
Sunday	8 a.m.	Mass	Veterans’	Magrath & Titus	Chap. Stahl/526-5769
Sunday	9:30 a.m.	Mass	Soldiers’	Nelson & Martinez	Chap. Stahl/526-5769
Sunday	10:45 a.m.	CCD	Soldiers’	Nelson & Martinez	Ms. Feldman/526-0478
Sunday	11 a.m.	Mass	Healer	Evans Army Hospital	Fr. Gagliardo/526-7386
Sunday	12:15 p.m.	Mass	Provider	Barkeley & Ellis	Chap. Stahl/526-5769
EASTERN ORTHODOX					
Sunday	8 a.m.	Divine Liturgy	Soldiers’	Nelson & Martinez	Chap. Olson/526-5772
CONTEMPORARY CHRISTIAN					
Thursday	7 p.m.	The “ROCK” Service	Spiritual Fitness Center	Barkeley & Ellis	Chap. Thornton/526-1374
PROTESTANT					
Sunday	9 a.m.	Protestant	Healer	Evans Army Hospital	Chap. Simmons/526-7387
Sunday	9 a.m.	Protestant	Provider	Barkeley & Ellis	Chap. Drake/526-4206
Sunday	9:30 a.m.	Protestant	Veterans’	Magrath & Titus	Chap. Atkins/524-1822
Sunday	11 a.m.	Protestant	Soldiers’	Nelson & Martinez	Chap. Kincaid/526-8011
Sunday	11 a.m.	Prot./Gospel	Prussman	Barkeley & Prussman	Chap. Pair/526-2811
Sunday	9:30 a.m.	Sun. School	Soldiers’	Nelson & Martinez	Dr. Scheck/526-5626
Sunday	9:30 a.m.	Sun. School	Prussman	Barkeley & Prussman	Chap. Pair/526-2811
Sunday	6:30 p.m.	PYOC	Soldiers’	Nelson & Martinez	Ms. Scheck/524-1166
LITURGICAL PROTESTANT					
Sunday	10:45 a.m.	Protestant	Provider	Barkeley & Ellis	Chap. Bauer/526-5279
JEWISH					
For information and a schedule of Jewish Sabbath services, call the U.S. Air Force Academy Cadet Chapel at 333-2636.					
WICCA					
2nd and 4th Tuesday	6:30 p.m.		Spiritual Fitness Center	Barkeley & Ellis	Ms. Costantino-Mead/ (303) 428-7703
For additional information, contact the Installation Chaplain’s Office, building 1550, at 526-5209. Normally, free child care is available during on-post worship services.					

**Daily Bible Readings** In order to assist in regular scripture reading, the following scriptures are recommended. These scriptures are part of the common daily lectionary which is designed to present the entire Bible over a three-year cycle.

**Friday — Psalms 92 & Deuteronomy 4-6**  
**Saturday — Psalms 93 & Deuteronomy 7-9**  
**Sunday — Psalms 94 & Deuteronomy 10-127**  
**Monday — Psalms 95 & Deuteronomy 13-15**  
**Tuesday — Psalms 96 & Deuteronomy 16-18**  
**Wednesday — Psalms 97 & Deuteronomy 19-21**  
**Thursday — Psalms 98 & Deuteronomy 22-24**

**The Army Cycle of Prayer —** You are invited to join with the Chaplain community and pray for these individuals and organizations. **Unit:** For the soldiers, families and leaders of the 21st Theater Army Area Command, headquartered at Kaiserslautern, Germany. **Army:** For the dedicated officers, noncommissioned officers and soldiers of the Inspector General Branch, who diligently ensure that fairness and equity are hallmarks of Army life. **State:** For all soldiers and their families from the state of New Mexico. Pray also for Governor Gary E. Johnson and the state legislators and municipal officials of the Land of Enchantment. **Nation:** For the Girl Scouts of America, and for their goal of assisting girls everywhere to grow strong in mind, body and spirit. **Religious:** For the thousands of dedicated teachers in chapel Sunday Schools, Confraternity of Christian Doctrine programs, children’s church programs, and Vacation Bible Schools around the world. For more information on the Army Cycle of Prayer, or to pray for items from previous weeks, visit the cycle’s website at [www.usarmychaplain.com](http://www.usarmychaplain.com) .



## Chaplain's Corner

**Commentary by Chap. (Capt.) Tim Meador  
4th Engineers,  
3rd Brigade Combat Team Vanguard**

Late last spring, I was running with a group of guys next to a pond where there were a number of Canada Geese. As we approached the waterfront, a mother goose — with five of her goslings — was too close to the path. As we ran by, Mrs. Goose raised her wings and the five little goslings scampered for shelter underneath the wingspan. That three-second experience reminded me of a Scripture from the Psalms;

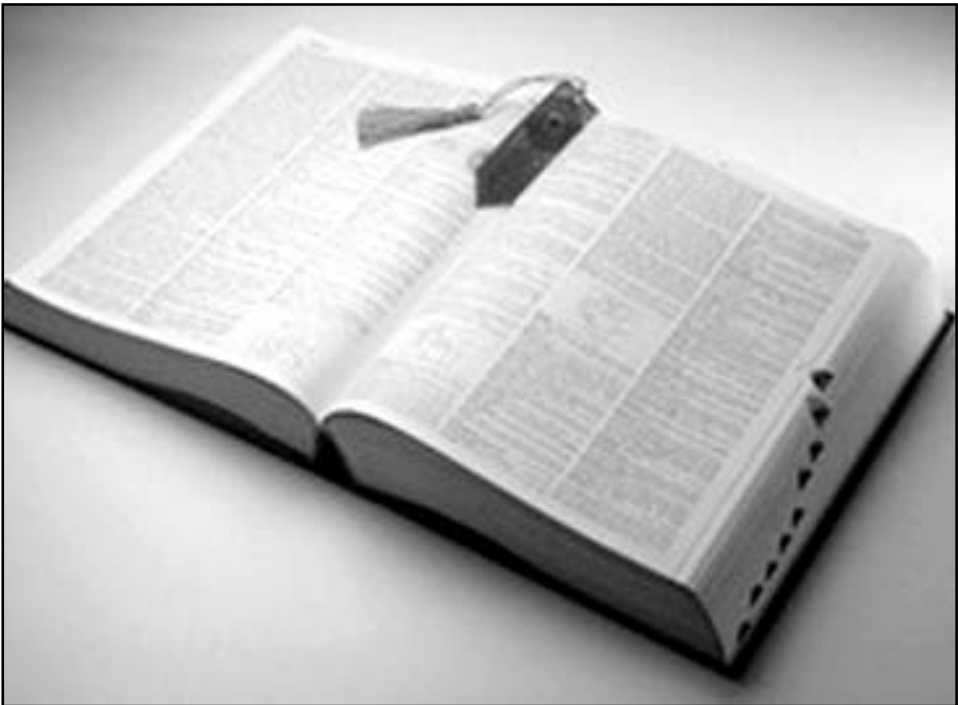
“He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart,” Psalm 91:4

Those little goslings knew exactly what to do when danger approached. They entrusted themselves to the protection of their mother. It is just like the frightened child who runs to hide his face in his mother's dress. Instinctively, children know whom to trust.

That is not always true for us as adults. When adult-size problems come our way, bringing difficulty, disappoint-

ment and fear, to whom do we run? The Scriptures tell us that God is a person to whom we can entrust our selves when life is overwhelming, when we need comfort and protection. Throughout the Bible, God describes himself as a refuge, a place where we can hide in “the shadow of your wings.” This figure of speech symbolizes God's protection. He guards, comforts, and intervenes just as a mother bird protects her young by covering them with her wings.

Ruth is a great Old Testament example of one who entrusted herself to God. First, her father-in-law dies. Then, Ruth's husband dies. She is somewhat at a loss about what to do. All of her hopes and dreams have vanished. There is no one in her world who can give comfort and protection. Ruth then decides to leave her people, her culture and her God to help her mother-in-law return to the home of her birth. And in so doing, she entrusts herself to the God of Israel. Boaz sees this act of faith and says to Ruth, “May the Lord repay you for what you have done. May you be richly rewarded by the Lord, the God of Israel, under whose wings you have come to take refuge.” Ruth 2:12



Sometime later Ruth marries Boaz and has a son. Her son becomes the grandfather to King David. And ultimately, it is through the lineage of Ruth that the Christ child will enter the world. No one who takes refuge in God is ever disappointed; No matter what they have left behind. And usually there is something that has to be left behind. Taking refuge in God usually means letting go and letting God protect you.

Your fears will try to get you to take refuge in one place. Your faith will be pointing to another place. Entrusting yourself to God means making an exchange. It is when we trade our fears for faith in him, that positive change results. Such an exchange requires submission, obedience and a willing heart.

Trust God, lean into the way of faith, and do not take counsel with your fears.

# Can ACAP help me be successful after I leave the Army?

by **Pauline N. Hamamoto and John A. Klube**  
**Army Career and Alumni Program**

Every day soldiers come to the Army Career and Alumni Program Center and tell us that they are leaving the Army. As they transition to the civilian world, some have a job lined up and others do not. Most are hoping that the day they leave the Army, a job will be out there waiting for them. The Department of Army has developed the ACAP transition program for soldiers who are leaving their military commitment (ETSing or retiring), or those who for some reason or other are transitioning out (medical or chapters).

The Fort Carson ACAP Center has seen more than 40,000 transitioning soldiers, Department of Defense civilians and spouses who have found careers outside the Army life. At the end of last summer, all ACAP sites received a new, state-of-the-art, multi-media, self-paced system called ACAP XXI. Transitioning service members are now using this system.

All service members must complete the required DOD Guided Pre-separation Briefing and complete a Pre-separation Checklist, or DD Form 2648. The two-hour briefing gives them an overview of their benefits and entitlements and allows them to complete the Pre-separation Checklist. When service members clear ACAP, they must bring the DD Form 2648. It is stapled to their clearing form. At the Transition Center, the DD Form 2648 is sent to St. Louis, Mo., and archived in the servicemember's 201 file. Once this briefing is completed, the service member becomes an ACAP client.

Following this briefing, ACAP clients use a Service Provider Information List to meet with service providers who give detailed information and instructions on the benefit or entitlement. Clients

must make their own appointments to meet with providers.

Since many servicemembers have spent several years in the military, they may feel intimidated by the job search process. As such, ACAP clients can sign-up for a Three-Day Transition Assistance Program /ACAP Workshop. The Department of Labor, Veterans Administration, and ACAP facilitate this workshop. In the workshop the emphasis is on the following topics: beginning the job search, labor market information, financial issues, job applications, networking, resume development, cover letter development, interview dress and grooming, interview skills, support services, employer panel, Research/Guard overview, veteran's benefits, informational interview and networking, skills identification and development, accomplishments and translating military skills to civilian skills.

The emphasis by the ACAP counselors at the workshop is skills and resume development. After the workshop, clients should prepare a good resume and bring it to the center; counselors will then critique resumes and make suggestions.

If a client is attending the workshop, it is suggested that research be completed on the ACAP XXI Tools module under Research Tools. Using Job Analyzer, the client can research the Military Occupational Classification and Structure and print a copy. Skills Assessment gives the client a printed copy of transferable skills. Both documents should be brought to the workshop and used for the draft resume.

If a client is unable to schedule the three-day workshop, the Job Assistance Training Application, or JATA module is available on the ACAP XXI system for a five-hour session. It provides comprehensive job

search training. Six modules allow the user to learn about setting goals, exploring the job market, resume writing, interviewing and managing a career. Wherever the client stops, the computer bookmarks the place. This allows the client to come back to the same spot when he returns to ACAP.

After the workshop or JATA, clients can use the ACAP XXI Writing Tools to prepare a resume, cover letter or federal job application.

The ACAP Center has a list of Web sites where clients can look for a job by using the ACAP XXI On-Line Tools. Many clients find jobs and submit resumes online.

The resume is not an end-all and be-all of the job search process. The ACAP XXI Practice Interview Module allows you to listen to real interview questions. You can make a private videotape an interview with the facilitator asking you questions.

The ACAP Center has a Resource Library with books on resume writing, cover letter writing, interviewing and salary and benefit negotiation. Grant Library on post also has some of the resources in a media room called "Career Corner."

Job fairs will be co-hosted by the Fort Carson ACAP Center and the Air Force Transition Offices. There will be a job fair in spring, summer and fall. More than 100 employers are invited and many ACAP clients receive on-the-spot interviews and job offers.

On Wednesdays the ACAP Center has Recruiter Days, where employers who are looking for prospective employees come to Fort Carson to interview and hire ACAP clients. Call 526-1002 for information.

These are just a few of the services and resources offered at ACAP. Stop by and see how you can help yourself to be successful in your transition process.



# Military

## 7th ID meets, exceeds retention standards

by Spc. Stacy Harris  
Mountaineer staff

Fort Carson's re-enlistment representatives recently proved to be "the best of the best" when it comes to maintaining the Army's retention standard.

Lieutenant Gen. Leon J. LaPorte, commanding general of III Corps, Fort Hood, Texas, presented the Commanding General's Award for success in retention Thursday, to the 7th Infantry Division's unit re-enlistment representatives for excellence in fiscal year 2000.

For the past few years, Fort Carson has been meeting the standard, said Master Sgt. James Jaranowski, operations noncommissioned officer and senior career counselor. But, for the past two fiscal years, Fort Carson's retention team has been presented the Commanding General's award for exceeding the standard.

"By getting this award, it says soldiers are happy at Fort Carson and are re-enlisting to stay," Jaranowski said.

The 7th ID and Fort Carson accomplished 120 percent of their Initial term (first time re-enlisting), 111 percent of Mid-career (second time re-enlisting, but still under 10 years) and 138 percent of the Reserve Component during fiscal year 2000, according to Sgt. Maj. Craig F. Daniels, installation retention sergeant major. Also, not only was Fort Carson successful in achieving its retention standards, but its overproduction also assisted both III Corps and Forces Command to accomplish their fiscal year objectives.

"Meeting the goals of retention is a standard," Daniels said. "But exceeding the goals is what we strive for."

The main reason for Fort Carson's excellence in retention is because of the career counselors' commitment, Daniels said.

"Without the career counselors, the command can't be successful (in meeting retention standards)," he said. "And, without the command being involved, the career counselors can't be successful."

According to Daniels, retention is an effort by all units to meet the same goals.

"It's really a team effort between each of the individual units," Jaranowski said. "If the soldiers didn't re-enlist, we wouldn't have a job. Without retention, there would be no soldiers."

In order to have a successful military, the retention team looks to "retain them, train them and maintain them."

Fort Carson's retention success is because the career counselors take care of the soldiers, Daniels said. The career counselors try to keep the whole family happy when it comes to re-enlisting.

"When they (counselors) re-enlist soldiers, they are not just re-enlisting soldiers — they re-enlist soldiers and their whole family," he said.

Daniels said he believes re-enlistment is a family affair and encourages soldiers to take their spouses with them when they go talk to their career counselor.

"If you feel you aren't being taken care of, you're going to go somewhere else," he said. "We (the Army) invest a lot of money in training (soldiers) for them to just walk out the door because nobody is trying to re-enlist them."

By keeping soldiers in the military, the Army doesn't have to spend as much money starting the soldier off or keeping the soldier "up to speed," Jaranowski said.

"The more soldiers we get to reenlist, the better for the Army," he said. "By retaining soldiers, we are also retaining experience."

According to Daniels, Maj. Gen. Edward Soriano, commanding general, 7th Infantry Division and Fort Carson, and Command Sgt. Maj. George D. Ponder, installation command sergeant major, are the catalysts for making sure retention standards are met.

Even so, the noncommissioned officers are just as involved in the retention program as the commanders are, Jaranowski said.

"Re-enlistment starts at the lowest level," he said.

The unit leaders play a big part in retention by talking to their soldiers and sending them in the right direction — to their career counselors, Jaranowski said.

"If (he or) she knows what kind of soldier you are, if (he or) she doesn't keep you, she doesn't know what (he or) she is going to get," he said.

In the case of the infantry, if the military doesn't retain the soldiers and recruiters can't bring new people in, that infantry squad will be short-handed.

"We are no different than Pepsi or Ford," he said. "If we aren't manned up to where we (need) to be, we can't be successful."

Even so, both Daniels and Jaranowski agree that re-enlistment doesn't start when a soldier's window opens.

"Re-enlistment is an everyday job for every soldier," Jaranowski said. "Everyday, somebody is talking about re-enlistment."

Most soldiers wait until their re-enlistment window opens to ask their questions, Daniels said.

"Don't wait until the last minute," he said. "Get your questions answered now."

It is hard (emotionally) to make a career change and to ETS from the Army, he said. Daniels encourages soldiers to use their career counselor to answer some of their questions.

Even so, the success of meeting the retention standard is because soldiers enjoy being in the Army, Daniels said.

"If you don't like being a soldier, the Army can't pay you enough (to stay in,)" Jaranowski said.



From Counsel

Army policy requires soldiers to support family members

**By Capt. Scott Stauffer**  
**Chief Legal Assistance**  
**Office of the Staff Judge Advocate**

“Family Support, Child Custody, and Paternity” outlines Army Regulation 608-99 regarding the obligation of soldiers to support their family members.

The regulation generally provides that unless there is a court order or written agreement between the parties, a soldier separated from his or her family members will pay them each month a minimum of the Basic Allowances for Quarters (now called “BAH II”) at the “with dependents” rate in support. The term “family members” includes children under age 18 and spouses. Soldiers are required to provide this support whether or not they are actually drawing BAH.

For example, using the 2000 military pay tables, a staff sergeant (E-6) separated from his or her family members must pay at least \$572.40 a month to support them, while a major (O-4) must pay at least \$852. If there is a court order or a written agreement between the soldier and spouse to pay more, the soldier must pay the higher amount. Conversely, the soldier would pay less if the amount stated in the court order or agreement was less than the BAH II amount.

There are exceptions to the support requirement discussed above, such as, when both spouses are in the military, when family members live in government family housing, and when a dependent spouse earns more money than a soldier spouse.

In some circumstances, the support

obligation may seem excessive or insufficient; however, the BAH II requirement is meant to be an interim support obligation until the parties obtain a court order addressing child and/or spousal support.

Commanders are responsible for taking appropriate measures to enforce AR 608-99. The regulation requires commanders to investigate nonsupport allegations, counsel soldiers on their responsibilities under the regulation, and provide a written response to nonsupport inquiries within 14 days. The regulation is punitive, which means a soldier can be punished for violating its requirements. A commander, however, cannot force a soldier to pay support to his or her family members. For this reason, family members seeking financial support from soldiers should

obtain a court order as soon as possible.

This article discusses general rules, but each family support inquiry must be reviewed in light of the facts of the particular case.

Commanders seeking advice regarding family support obligations should contact the Administrative Law Division, Office of the Staff Judge Advocate, 526-0681.

Soldiers and family members with questions regarding their rights and/or responsibilities under AR 608-99 should contact the Legal Assistance Office, 526-5572.

The point of contact for enforcement of family support requirements is the Office of the Inspector General, 526-9482.



Greenback



Ketz

by 1st Lt. Brian J.  
Ket  
4th Financial  
Battalion

The 2000 Federal  
Tax and Wage  
Statements (Form W-2)  
were mailed to all  
Department of Defense  
personnel by Jan. 15.

Military and civil-  
ian personnel who have  
not received their W-2s,  
or think they need a  
corrected W-2, must

contact their local military finance/pay office or their  
activity’s customer service representative. If the local  
finance office or customer service representative is  
not available or cannot help, please follow the direc-  
tions, based on your status.

**Army:** Army members must go through their ser-  
vicing finance office or Defense Military Pay office  
to get replacement and corrected W-2s. If you have  
separated from the Army or are requesting W-2s for

off-line payments (student loans/claims), or do it  
yourself (DITY) moves, etc., call 1-888-PAYARMY.  
Army members who separated from the service with  
a debt requiring a W-2 should call (800) 962-0648.

REPLACEMENT W-2s for tax year 2000 and  
prior years

For members:

- Discharged
- Released from active duty
- Retired
- Transferred to FMCR
- Reserves on active duty in excess of 30 days

Mail or fax your request for a replacement W-2 to  
DFAS-KC, Admin Branch (Code KU), 1500 East  
Bannister Road, Kansas City, MO 64197-0001. The  
fax number is (816) 926-5829. Include your full  
name, SSN, daytime phone number, mailing address,  
and signature. If you need to contact a technician,  
call (816) 926-7145.

CORRECTED W-2s for tax year 2000 and  
prior years

For members:

- Discharged

- Released from active duty
- Retired
- Transferred to FMCR
- Reserves
- W-2s requested for deceased members

Mail or fax your request for a W-2 to DFAS-KC  
(Code PMCMS), 1500 East Bannister Road, Kansas  
City, MO 64197-0001. The fax number is (816) 926-  
3129. Provide your full name, SSN, daytime phone  
number, mailing address, description of the problem,  
and a signature. Include the erroneous W-2 or a legi-  
ble copy in your mailed or faxed request. If you need  
to speak with a technician, call (816) 926-7148

**DOD Civilian employees:** If you are a current  
employee you should get help in receiving a W-2  
from your customer service representative. If you are  
no longer a DOD employee or are a current DOD  
civilian employee who is unable to contact your cus-  
tomer service representative, you should contact the  
servicing payroll office to request a W-2 reissue at:  
Charleston -- (800) PAYDCPS, Denver - (303) 676-  
8275 or fax a request to (303) 676-8388/7540, e-mail  
address: [cde-w2.reissue@dfas.mil](mailto:cde-w2.reissue@dfas.mil). Pensacola -- (850)  
473-6134.

# Combat Cooks stir up storm at Pinon

by Staff Sgt. Gary L. Qualls Jr.  
Public Affairs Office

storm kicked up in the vast flatlands of Pinon Canyon last week. It wasn't Ol' Man Winter that visited the Pinon prairie. Nor was it one of this Colorado badland's prevalent dust storms that stirred things up. No, this storm took place in 43rd Combat Engineer Company's mobile kitchen trailer. It was a whirlwind of cooking by a team of cooks that just eight months prior was in a state of disarray and disrepair.

The cooks were competing in the installation-level Phillip A. Connelly field cooking competition.

The Connelly competition is an annual event dating back to the Army's days in Vietnam that refocuses a unit's attention on its food service personnel and recognizes the best food service teams at the installation, major command and Department of the Army level, said Chief Warrant Officer Andrew Pisney, Fort Carson installation food service adviser. In the field cooking category, teams must prepare a hot meal from scratch in a field environment. The team is inspected from the beginning. It is evaluated on maintenance of equipment, preparation of the meal, cleaning, site layout, leadership, customer service and rapport, timeliness and general knowledge of job and equipment.

The 43rd Combat Engineer Company's field cooking team was



Photo by Sgt. Charles Drew

**A 43rd Combat Engineer Company cook individually wraps chocolate chip cookies. Wrapping is more sanitary and makes the treats transportable.**



**Chief Warrant Officer Andrew Pisney, installation food service adviser, quizzes S. Connelly field cooking competition. Knowledge of food preparation and cooking**

rated a dismal "unsatisfactory" from regimental food service evaluators, last winter. The unit was just coming off a deployment to Bosnia and its records were not in order and the unit's overall food service program was definitely not on track, said Sgt. 1st Class Eldon Evans, senior food service NCO.

The company's cooks were not happy with being in an unready condition.

"We all looked at each other and decided right then and there to raise up the company's food service program as high as we could," said Spc. Adrian Carreon.

The company cooks then set about rustling up support from the chain of command and honing their "hunger-helping" craft. They worked diligently, picking up necessary equipment and helpful tips where they could, steadily improving until they received an above average rating of "84" last June. Still not fully pleased from their "sampling of the soup," the combat cooks continued to improve until they received a "commendable" rating in December, which is the highest unit evaluation rating a company can get.

Now that the combat cooks had overcome the growing pains of becoming the pride of the regiment, they had to endure another prolonged strain — preparing for the installation Connelly competition. The pressure continued to build throughout the three weeks the team prepared for the competition.

"I'd routinely wake up at 2 a.m. during that period," Carreon said. "We put in some horrific hours during that time and the pressure just got worse and worse."

"We were counting the days until it was over," added Pfc. Brian Hudson.

Finally, in a move that seemed to serve the team well during its Connelly evaluation, Evans called a sports day to give the cooks a day off from the incessant intensity.

"That gave us a needed break from the heat of the preparation and seemed to motivate us," Staff Sgt. Victor Martinez, food service NCOIC, said.

Another key for the combat cooks, was having the same kitchen police throughout their preparation for the competition, Martinez



Spc. Adrian Carreon



Show me the money



Twiggs

by Staff Sgt. Robert L. Twiggs  
Command Financial  
Noncommissioned Officer  
68th Combat Support  
Battalion

It is that time of the year again -- time to plan for training. The key to the success of any military exercise is prior planning. Much of the planning for deployments and rotations

has already taken place at all levels of leadership, and the planning will continue in one form or another until the last of our soldiers return from their deployment or rotation.

Soldiers need to use that same attention to detail to take care of their personal life and family finances. By using the same planning process as used prior to deployment, you would dramatically reduce your financial burdens. It is no secret that many of our sol-

diers are just getting by, paycheck to paycheck. It is also no secret that extended field training exercises often create financial burdens on these same soldiers and their families.

One reason that contributes to burdens is the failure to plan for Basic Allowance for Subsistence coming out of your pay. The Army gives BAS to feed the soldier only. If the Army is feeding you while you are in the field, you won't receive BAS during that period. If you are the member in your household that takes care of all the bills, you will need to sit down and talk with your spouse about your budget and how you have been paying the bills.

While you are away, you should budget for phone cards. This will allow you to know what you can afford and you won't have an expensive long distance phone bill. Planning ahead will allow you to minimize how much you miss someone back home without showing them a large phone bill as proof. Plan ahead so you don't have a large unexpected phone

bill.

No one likes to receive bad news when deployed but things do happen. Ensure that your spouse has an up-to-date Power of Attorney, your last end of month LES, and a signed Allotment form. This will help, should your spouse need emergency assistance from AER. What is your plan if your only vehicle breaks down, or your car is involved in a traffic accident?

Other things to consider are: How will your spouse get around while you are gone? Will your spouse be able to drive the car or will she need to use a taxi? Does your spouse have a network of friends or will you be leaving your spouse all alone? Does your spouse have the phone numbers to the Family Readiness Center, Army Emergency Relief, the American Red Cross, TRICARE, your unit's Family Support Group and support chain, your units rear detachment commander and noncommissioned officer in charge, and your battalion's command financial NCO?

Dining Schedule

Weekday Dining Facilities

A La Carte Facilities

43rd ASG Cheyenne Mountain Inn (building 1040)  
3rd BCT Iron Bde. (building 2061)  
3rd ACR Butts Army Airfield (building 9612)

Standard Facilities

3rd ACR Patton House (building 2161)  
10th Special Forces Group (A) (building 7481)

Weekday Meal Hours

Mon., Tue., Wed. and Fri.	Thur.
Breakfast 7:30 to 9 a.m.	5:30 to 7 a.m.
Lunch 11:30 a.m. to 1 p.m.	noon to 1:30 p.m.
Dinner 5 to 6:30 p.m.	4 to 5:30 p.m.

Week of March 10 to 16

Exceptions

- Butts Army Airfield Dining Facility serves breakfast and lunch meals only.
- 10th SFG (A) meal hours are the same Monday through Friday. No dinner meal on Fridays.
- The CAV House Dining Facility will be closed for repairs until further notice.

Weekend Dining Facilities

43rd ASG Cheyenne Mtn. Inn (building 1040)  
3rd ACR Patton House (building 2161)  
3rd BCT Iron Bde. (building 2061)

Saturday Meal Hours

Breakfast	8 to 10 a.m.
Lunch	11:30 a.m. to 1 p.m.
Dinner	4 to 6 p.m.

Sunday Brunch/Supper Meal Hours

Brunch	9 a.m. to 1 p.m.
Supper	3:30 to 6 p.m.

Family members are cordially invited to dine  
at Fort Carson dining facilities.



# Sports & Leisure

## Magic youths continue winning ways

by Walt Johnson

Mountaineer staff

Sometimes the best lessons a team learns come from sticking to the fight in the face of adversity. Contrary to popular belief, winning is not the only way a person or a team can understand the challenges they face.

Clearly the way the Fort Carson Youth Center Magic team is playing this year is a perfect example of why adversity makes a person or a team stronger.

Going into Saturday's game at the youth center, the Magic was the league's only undefeated team and head coach Reggie White's team was as good a 10-to-12 year old team as you will see.

Thinking this team was destined for greatness this year would be mistake if you think the team was put together this year and all they had to do was play the game.

This is the same Magic team that went 1-10 last year, suffering some of the same losses they are inflicting on people this year. White said last year was a challenge for his team and the youths learned valuable lessons from the experience.

"Last year we were 1-10 but we kept fighting and learning from the losses. We knew it was a learning experience for the team. One of the good things about last season was the team learned what it feels like to lose and more important, what it will take to be winners."

White said every team in the league has good talent and the fact his team is the only undefeated team has to do with a chemistry that was developed last year.

"Our players come to practice to learn about the game and they take what they learn at practice and apply it on the floor during games. We ask our players to play the game like they practice," White said.

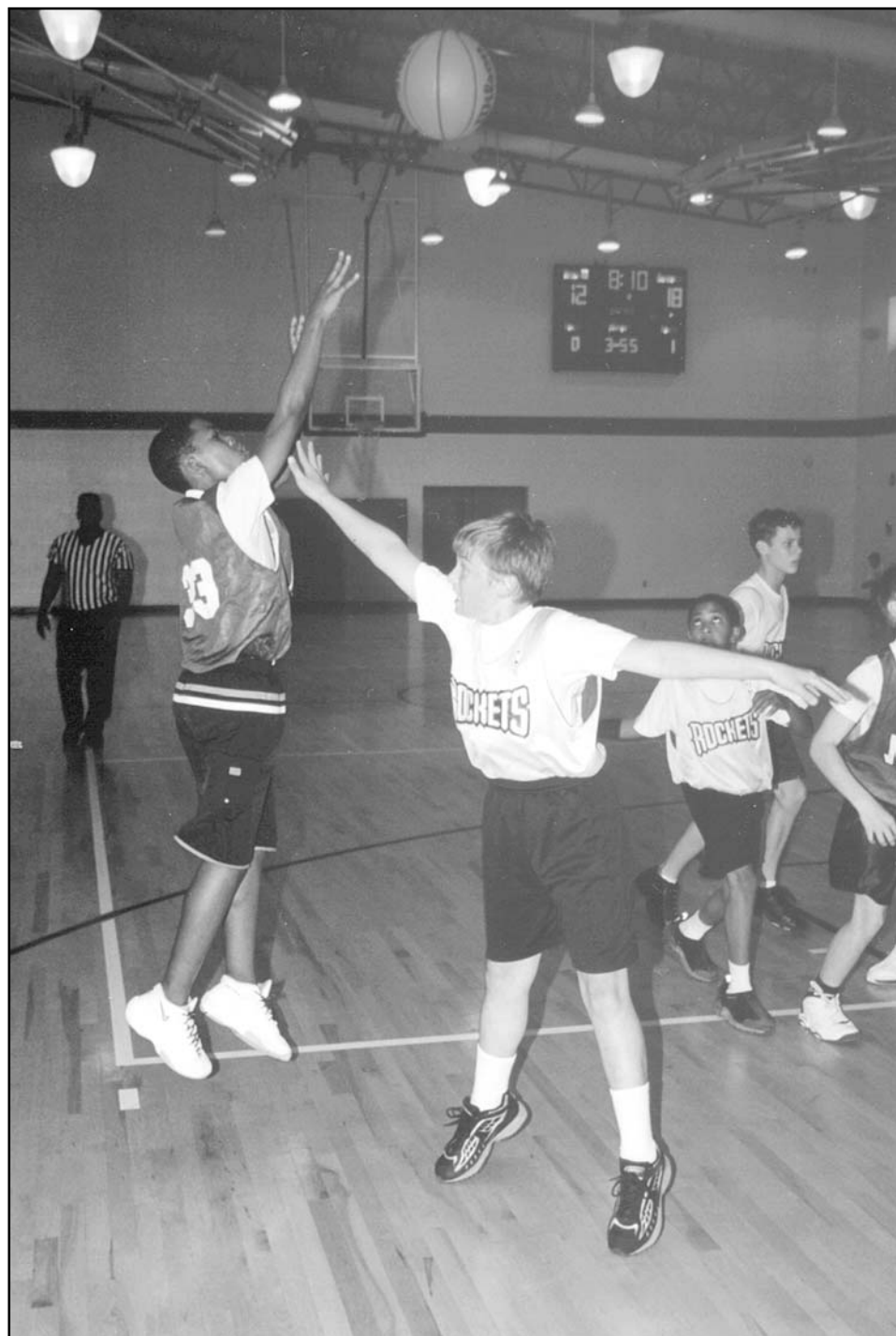
"We don't have the most talented team in the league but we do have a disciplined team. A lot of teams in the league have talent, but we are also blessed with a team that is disciplined and that is what sets us apart. The players want to make themselves better and that is a testament to them."

The Magic are the league's only undefeated team but their example could make winners of all the teams, if they follow the Magic's lead.

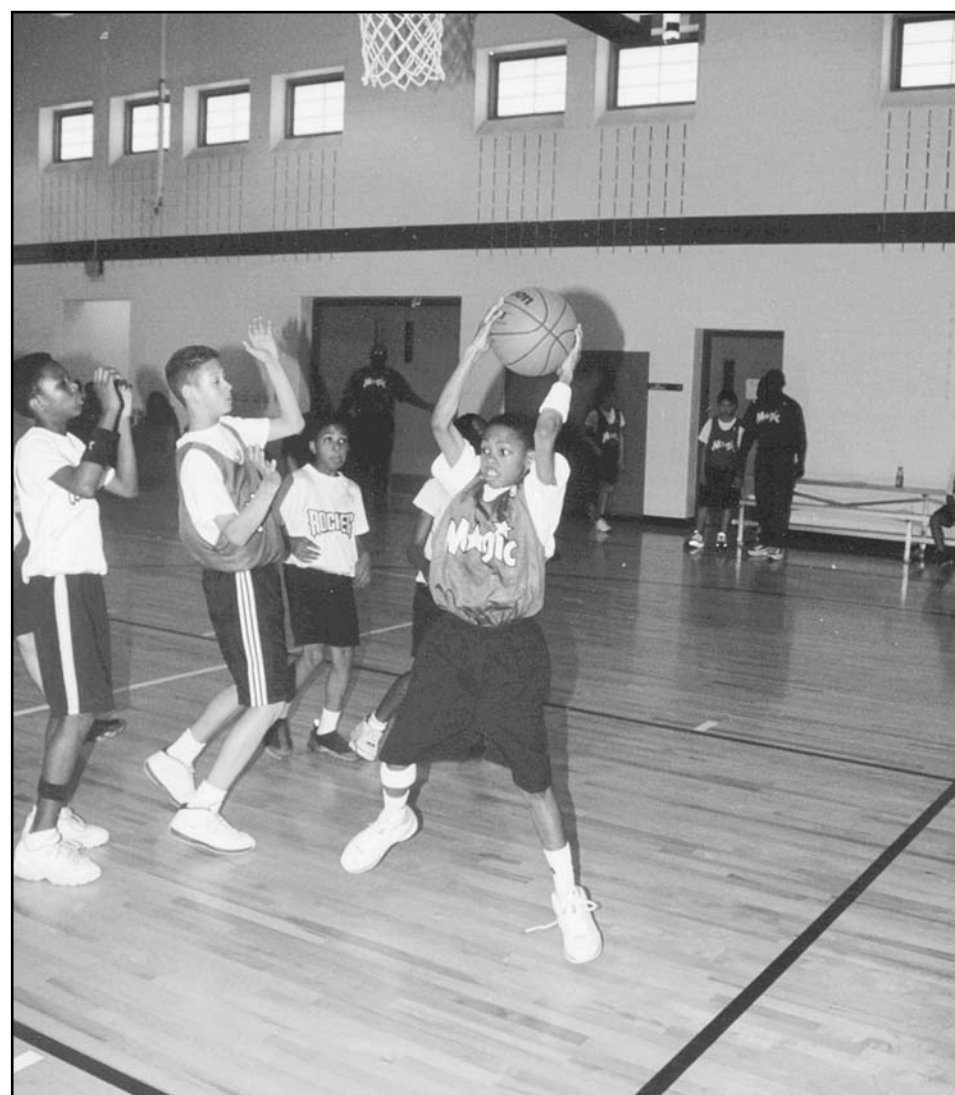


Photo by Walt Johnson

A Magic player looks to pass the ball to a teammate after coming up with a turnover.



Magic player Brandon Parks fires up a jump shot Saturday at the post youth center.



Magic player T.J. Caldwell grabs a rebound as teammates and opponents look on Saturday.

On the Bench

# Youth Center Kidpower program begins in May

by Walt Johnson  
Mountaineer staff

**The first Kidpower/Teen power class dates are set for the youth center in May.**



Johnson

A class will be held May 7 and 14 for parents and children interested in the program. KIDPOWER/TEENPOWER, a nonprofit group, will be holding classes at the post youth center that teach youth how to use their own power to keep themselves safe from abduction, assault, emotional, physical and sexual abuse.

According to Kathie Rawson, youth center fitness coordinator, "Educators, mental health professionals and law enforcement experts recommend KIDPOWER/TEENPOWER because it is a safe, age appropriate and positive training format.

The program will help kids learn how to deal with bullies, how to get help from busy adults and how to keep a safe distance from strangers among other things.

For more information on the program contact Rawson at 526-2680.

**The youth center is currently accepting signups for the upcoming soccer season.**

People interested in registering their child for the soccer program have until March 25 to signup at the youth services center. All District 2,3 and 8 students are eligible to compete in the program.

For more information call 526-1233.

**The youth center is also looking for volunteer coaches for its sports programs.**

Anyone interested in coaching the youth teams must submit to a background check. Experience is not necessary since the youth services program trains all coaches using the NYSCA coaches certification training program.

For more information contact Mark Swaim at 526-1233.

**Harrison High School baseball coach Terry Cooper is looking for any member of the Mountain Post interested in the volunteer position of pitching coach.**

Interested people should call Cooper at 526-9960 before noon and discuss the job with him.

**What in the name of Tobacco Road happened in Chapel Hills Sunday?**

The Duke Blue Devils went into North Carolina's home court and spanked the Tar Heels like I have never seen before. Is it any wonder that no one with good sense will tell you who

**See Bench, Page 21**



Photo by Walt Johnson

## *Coach for all seasons ...*

Fort Carson Youth Center Lakers coach Debbie Nichols yells encouragement to her team Saturday at the post youth center. "Nichols is one of our most dedicated coaches," Mark Swaim, youth center athletics coordinator said. "She started out as an assistant about three years ago, got into coaching after that and she has been coach for every sport we have every season," Swaim said.



## Bench

From Page 20

will win this year's NCAA tournament. This is one of the most wide-open tournaments I have seen in some time and outside of Stanford, there is not a team in the country that doesn't have a spot you can exploit.

Next week at this time we will know who will comprise the 65-team NCAA field for this year's college basketball championship.

I thought North Carolina was a lock for the number one seed in the east but after that stinker against Duke Sunday, who knows what is going to happen. By the way, I will have a "who's going to win the tournament" man-on-the-street next week. If you are wishing to make your picks known, contact me at 443-9939 to reserve your space.

**Now before you set up a psycho appointment for Tampa Bay Buccaneers head coach Tony Dungy let me say picking up Ryan Leaf could be a good move.**

It was obvious to anyone who knows football that Shaun King is just not ready to take the Bucs past the point they are now. He may be ready in a year or two but he is not ready now. Leaf has not distinguished himself in his three years in the NFL but I think that

has as much to do with his supporting cast as it does with him. Surrounded by the Bucs players, he should be better than he was in San Diego, he can't get much worse, and the Bucs may indeed take the next step.

**Did you catch Patrick Ewing's return to New York Feb. 27 when his new team, the Seattle Supersonics, visited Madison Square Garden?**

Ewing had been the heart and soul of the Knicks for 15 years and there was still a question concerning how he would be received in New York. Thankfully, Knicks fans showed the kind of class I hoped they would by letting Ewing know just how much they appreciated his efforts while in a Knicks uniform. Why do we always have to wait until someone moves on before we let them know how much we appreciate them?

**Boxing fans will want to know the World Class Athlete Program boxers will be fighting in town begining Tuesday.**

Over 150 boxers from around the country will compete in the 2001 U.S. Boxing National Championships. Tuesday through Friday, at noon and 7 p.m., at the Olympic Training Center. Saturday, the venue shifts to the Colorado Springs City Auditorium at 7 p.m., for the finals.



Photo by Walt Johnson

## *Welcome back, we missed you ...*

**Stephanie Myers, youth center assistant athletic coordinator, is back at the youth center after a six week medical absence. Myers returned to work March 1 and "it is good to have her back," Mark Swaim, youth center athletic director said.**



# Youth swimmers fare well at state meets

by Walt Johnson  
Mountaineer staff

The post youth swimming team fared well at the silver state swimming meet Saturday and Sunday in Denver and Tyler Davis served notice that he will be a force to be reckoned with by claiming seven state medals at a state swimming event Feb. 24.

Davis, who finished sixth overall in the competition, was fantastic at the state swimming meet, winning two third place medals (50-and 200-meter free style), 6th place in two events (50-and 100-meter backstroke), sixthth in the 100 meter Individual Medley, eighth in the 200-meter Individual Medley, seventh in the 50-meter breast stroke, and ninth in the 100-meter breaststroke.

Five members of the post swimming team also took part in the Silver State Championship Saturday in Lakewood. Courtney and Jake Teague, Lisa and Ashli Cashion and Trevor Percival each scored personal best times for the season during the meet.

A highlight of the event was Courtney Teague earning a third place medal in the 13-to-14-year-old girls 50-yard freestyle and an eighth place ribbon inthe 200-yard breaststroke.

The Fort Carson swimming team coaches said the y are still in need of more swimmers for the team. The staff is looking for swimmers age, 5 to 17 to learn the fundamentals of swimming and represent the Mountain Post. Anyone interest-ed in joining the swim team should call 526-3107 for additional information.



Courtney Teague, right, talks with fellow swim team members Michelle Perez, left and Salomee Fisher.



Photos by Walt Johnson

Tyler Davis, left, talks with his dad Blake Davis at the indoor swimming pool Monday night.

# Mountaineer Sports Spotlight

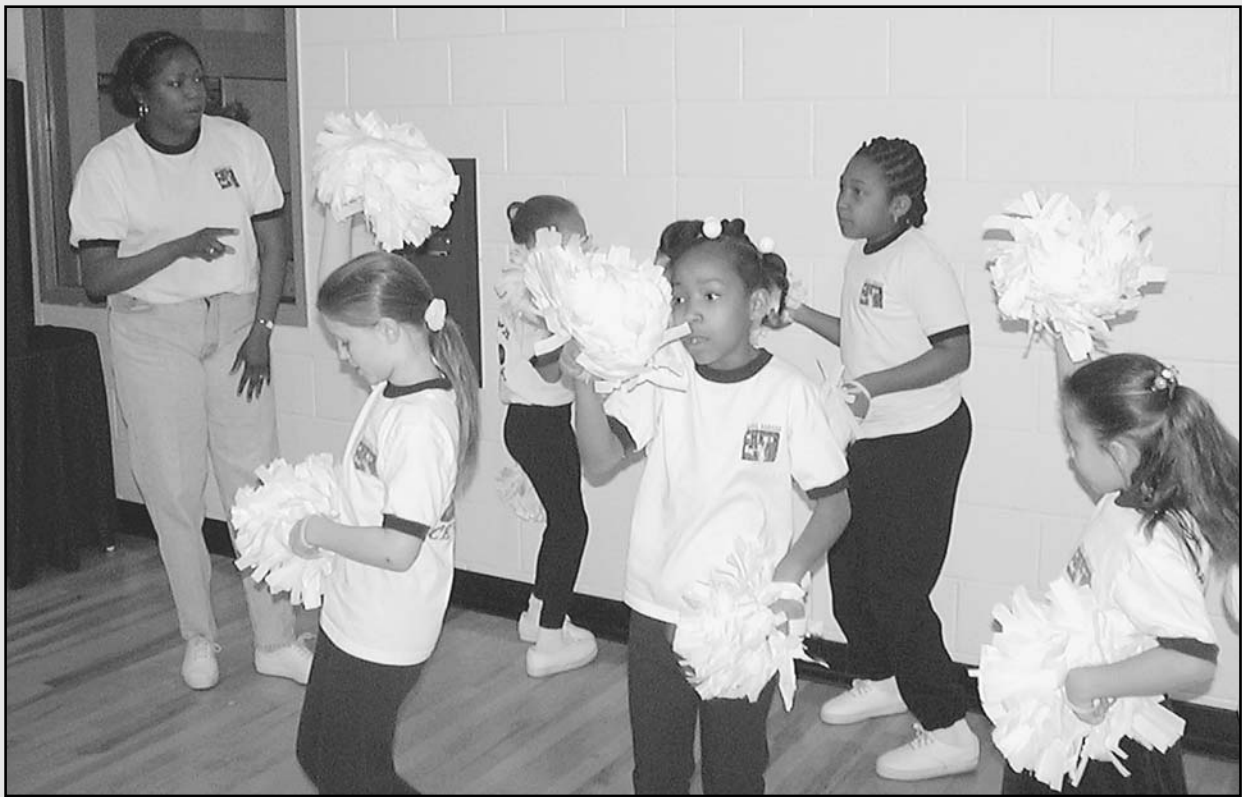


Photo by Walt Johnson

## Let's hear it....

The 7-to-9 year old cheerleading squad gets its instruction from it's coach, Sandra Stahl. The team cheers each Saturday at the youth center and adds a great deal of excitement to the games.



# CASA BONITA: MEXICAN VILLAGE, FOOD, FUN

story and photos by  
Nel Lampe  
Mountaineer staff

**C**asa Bonita existed before the term “theme restaurant” was common — or maybe it’s how the term originated. But Casa Bonita is not like most theme restaurants you have visited — it’s not just Hollywood or rock an roll memorabilia along with pricey hamburgers T-shirts.

This restaurant is more of a Mexican-style village theme park which also serves food — the price of admission is to purchase a meal.

Casa Bonita was created in an old department store which once anchored the strip mall in the 6700 block of East Colfax in the Denver area.

Although adults enjoy it too, Casa Bonita is really for children who explore Black Bart’s Cave; the jail, peek in the mine and cave dining rooms, look in the treasure room, watch a puppet show or just wander the village streets.

Oh, there are a few places to spend money in Casa Bonita, too, just as in other theme restaurants. Have your picture made in jail or in old fashioned clothes on the plaza, visit the Mercado for a souvenir T-shirt, rock or pinata. Buy a Colorado or Casa Bonita souvenir. There’s a cotton candy stand and an arcade.

Explore the themed dining rooms or eat in one — the gold mine or the cave, complete with rock walls, stalagmites and “bats.”

Flowers, fountains and palm trees decorate the village. There’s a wishing well, a 30-foot high waterfall and a

pool. Eat your meal on a balcony, hacienda or in a straw hut.

Enjoy Mexican style music starting at 5 p.m. Friday and Saturdays when “Latin Fantasies” are on hand. Or catch a couple of wandering musicians or a mariachi band.

You may have visited another Casa Bonita restaurant, in Oklahoma City or Tulsa, Okla., or Little Rock, Ark. The original owner of the Casa Bonitas, Bill Waugh, built the restaurants, each with a few more elements of entertainment — for instance, the one in Tulsa has a six-foot waterfall. But the Denver restaurant is the most extensive.

Waugh built the restaurant based on stories he had heard about Mexico and a cantina where Mexican soldiers went to relax and forget the troubles of the day. He patterned the Denver Casa Bonita after that vision in his imagination.

Casa Bonita, meaning pretty house in Spanish, is recognizable by its tall pink stucco bell tower decorated in white lights.

The restaurant opened in 1974, and has remained much the same inside as it was then except for some remodeling or maintenance work. The chain was purchased by Star Buffet a few years ago, and the restaurants in Oklahoma City and Little Rock no longer exist.

A large fountain was added in front of the restaurant in the 1980s. In summer months, the fountain and entrance are surrounded by a profusion of colorful flowers.

Although Casa Bonita has been in Denver for almost 30 years, its popularity only seems to increase. There’s almost always a line of people waiting to get in; and judging from the conversations overheard, almost everyone is a repeat visitor. Many diners came when they were children and now bring their own children to visit the Mexican vil-



Customers gather by the fountain in front of the Casa Bonita restaurant.

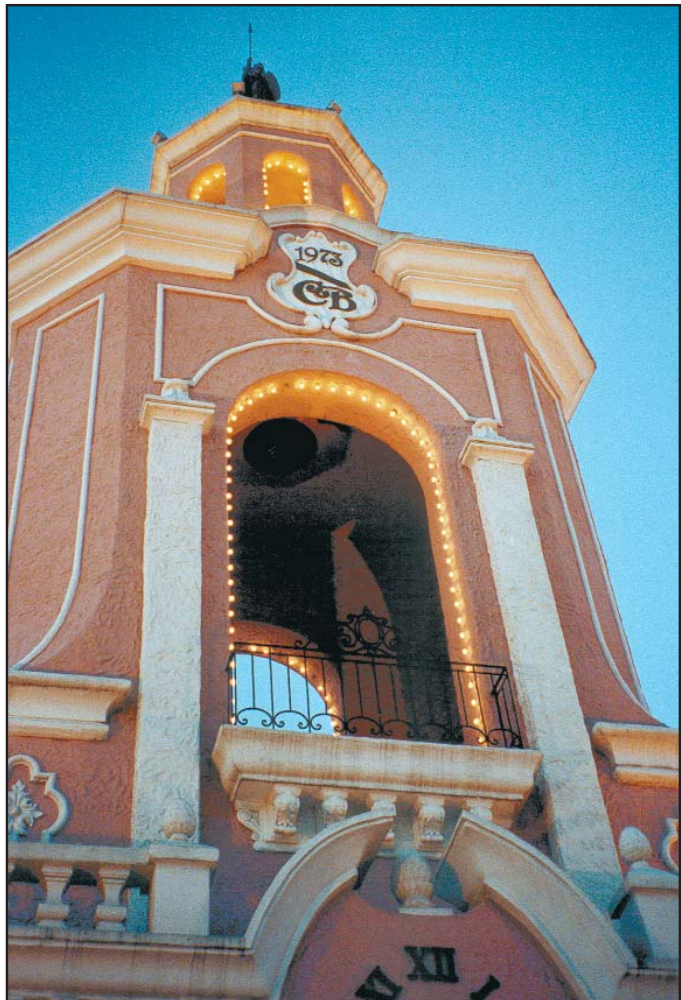


Casa Bonita has the architecture, decor and ambiance of a Mexican Village.

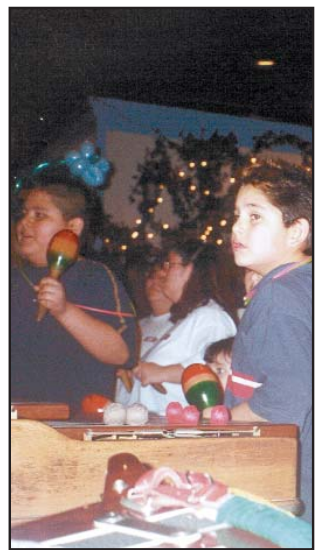
lage. Most of those waiting in line seem to be local citizens who return once more at the request of their children or have heard of the restaurant from someone who’s been there.

The lines move rather quickly, as the food is assembly line. Once you’re through the line — about 30 minutes long at 5 p.m. on a February Saturday, you place your order, move along in line to pick up a tray, then get your ordered food at the next station.

Pick up your drinks and move on to the seating area where you’ll be escorted to a table. You can ask for your favorite place to eat, such as near the



Casa Bonita has a prominent, elaborate, pink and white bell tower.



A pull-out section for the Fort Carson community  
**March 9, 2001**

# Fort Carson

See Casa Bonita, Page B-2



**Casa Bonita**

From Page B-1

waterfall, and you'll be seated there if there's room, or take take whatever is available. If you don't have a view of the entertainment from where you sit, there'll be plenty of time later to catch the shows.

The food at Casa Bonita, is of course, mostly Mexican dishes. Choose from a selection of several combination plates containing enchiladas, tacos and the like, or opt for beef or chicken fajitas, a taco salad or gorditas. There's a chicken or steak dinner for those who don't want Mexican food. The prices range from about \$7 to \$9, including an all you can eat plate.

A children's menu, called "Little Amigos" has a choice of cheese enchiladas, chicken strips or cheeseburger, available to children under 12 years old at \$2.99. A meal must be purchased for anyone older than 2.

Drinks include a standard selection of soft drinks as well as beer and limited mixed drink selection or wine.

Once seated, you should find a small flag pole on your table, by which you summon your server when you need more food on your all you

can eat plate. Hoist that flag to request your dessert — sopaipillas. Sopaipillas are fried, puffy dough squares, which are hollow, just waiting to be filled with honey. They are delivered piping hot to your table, and are the best part of the meal.

When you've finished dinner and have had your fill of sopaipillas, its time to explore the village.

There are regular skits on the stage area next to the waterfall. Many diners have a great seat for the show — they just look up.

There's a show every 15 minutes, such as a shoot-out, gorilla skit or divers jumping off the cliff into the water.

Puppet shows are presented regularly at the puppet theater near the Mercado.

To the delight of youngsters there are also "cartoon characters" roaming around the village.

Casa Bonita is open from 11 a.m. until 9:30 p.m., Sunday through Thursday. Friday and Saturdays, the restaurant is open until 10 p.m.

Casa Bonita seats about 1,100 people.

Summer of course, is the restaurant's busiest time. There are more than 300 employees as well as 20 or more managers during summer months, some of whom have been with the restaurant 20 or more years.

The popularity of Casa Bonita doesn't seem to wane. After 28 years in business, the restaurant still attracts a crowd.

According to Marketing Director Ilene Carousella, the least busy time is between 2 and 4 p.m. weekdays and during winter months.

During summer, the wait in line for dinner may be almost two hours, but lines do move quickly and the crowds seem good natured.

There are birthday party packages, if you plan well ahead. The restaurant will try to accommodate birthday parties — for a minimum of seven people, decorate a table and provide a host or hostess. Guests don't have to wait in line, but are served after being seated, and the honoree gets a T-shirt. And the band knows how to play "Happy Birthday."

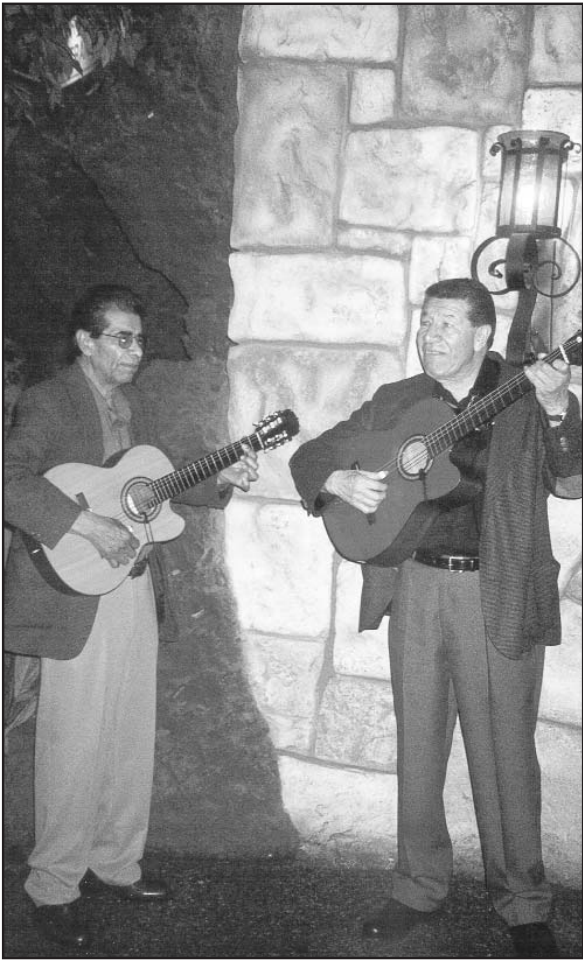
To reach Casa Bonita, take Interstate 25 north to Denver, taking the Colfax exit then west on Colfax to the 6700 block. Casa Bonita is in a strip mall formerly known as the JCRS shopping center, which has recently been renamed the "Bell Tower Plaza."



The puppet show at Casa Bonita is a favorite with children. The theater is near the Mercado.



Food orders are quickly collected at the serving station and placed on diners' trays.



Strolling musicians set the mood with Mexican-style music.



Diners begin lining up in the entrance of Casa Bonita for an early dinner on a Saturday.

**Just the Facts**

- **Travel time** one hour, 15 minutes
- **For ages** all
- **Type** theme restaurant
- **Fun factor** ★★★★★  
(Out of 5 stars)
- **Wallet damage** \$\$ (entry, food)

\$ = Less than \$20

\$\$ = \$21 to \$40

\$\$\$ = \$41 to \$80

(Based on a family of four)



# Happenings

MOUNTAINEER  
March 9, 2001 **B3**

## Community Events

### Family Readiness Center

**The Family Member Employment Assistance Program** conducts workshops on aspects of employment, such as resume writing and interview techniques. For registration and information, call 526-0452.

**The Financial Readiness Debt Management Program** is available to help active duty, family members, retirees and Department of Defense civilians with debt problems. For information, call 526-0449.

**Army Family Team Building** is a readiness program that provides dependents and soldiers with an understanding of the Army. It combines the skills and resources they need to become more self-reliant plus have a better sense of belonging to the larger Army family. Some of the topics covered are benefits, entitlements, military terms, custom and courtesies, childcare and education. For questions regarding the AFTB classes taught in Spanish or English, please call 526-0461.

**The Fort Carson Equal Employment Opportunity Office** presents its next class in the **Consideration of Others Program** for civilian employees in March. The Adventure of Motivation training will be offered. Classes are from 8:30 to 11 a.m. Thursday and March 19, 20 and 29 in the Pine Room at the Family Readiness Center. If the dates and times of this training are not convenient, the EEO Specialist will come to your site. Because seating is limited, priority will go to Fort Carson civilian AF/NAF employees. For further information, contact your training coordinator, or call EEO at 526-4413.

**The Financial Readiness Program** presents a **Brown Bag for Financial Planning** class from 11:30 a.m. to 1 p.m. March 16 at Army Community Service. This class provides education and discussion on financial planning, budget counseling and consumer issues. For information, contact Patricia Randle at 526-4590.

**The Financial Readiness Program**, along with Security Federal Credit Union, presents a **Credit Builder Plus Seminar** class from 4 to 5:30 p.m. March 22 at Army Community Service. This class provides information on establishing and re-establishing credit. For information, call Patricia Randle at 526-4590.

**The Financial Readiness Program** presents a **Financial Planning for First Term Soldiers** class 9 a.m. to 5 p.m. March 30 at McMahon Theater. This class provides financial readiness education. For information contact Patricia Randle at 526-4590.

### Miscellaneous

**The Obstetrics and Gynecology Carline** from Evans Army Community Hospital will be hosting a one-day women's healthcare seminar entitled "Medical Concepts for the New Millennium: Obstetrics, Gynecology and Pediatrics." The seminar will provide the latest medical information and research on important topics such as diabetes in pregnancy, pathophysiology of labor, menopause and more, all from military and civilian healthcare experts. The Elkhorn Conference Center will host the seminar April 6 from 7:30 a.m. to 4:30 p.m. Registration and a \$15 fee is required. The registration fee covers the cost for lunch and refreshments throughout the day. For information contact: Capt. Mosier at 526-7221 or Capt. Herden at 526-7245. March 23 is the last day to register.

**Silver Key Book Fair**, today at 9 a.m. to 4 p.m., 2250 Bott Avenue (near 21st and Highway 24 West). Buy bargain books and benefit senior services.

**College-bound high school students** can take the ACT Assessment April 7, the next nationwide test date. The registration postmark deadline is past. Late registration postmark deadline is March 16 (an additional fee is required for late registration). For more information, including registration forms and test locations, contact your high school guidance counselor or register online on ACT's Web site at [www.act.org](http://www.act.org). The Web site also has helpful information, sample tests and the opportunity to order test prep materials.

**Care and Share Food Bank**, located in Colorado Springs, needs volunteers to help in many capacities. Care and Share collects and distributes food to 300 member agencies, which give it to the hungry people of southern Colorado. Last year more than 4 million pounds of food were distributed by Care and Share. For information call the Care and Share volunteer coordinator, Jordan Israel at 528-1247, Monday through Friday, 8:30 a.m. to 5 p.m.

**The American Red Cross** is seeking volunteers for public speaking opportunities within the Fort Carson communities. All training will be provided. For information, call 526-2311.

**The American Red Cross Orientations** are March 20 and 27, April 3, 10 and 24 in room 2513, Cochrane Hall, 2nd floor, Evans Army Community Hospital. For information, call 526-7144.

**The American Red Cross Community First Aid and Safety Course** from 8 a.m. to 5 p.m. Saturday in building 1526. For information, call 524-1279.

**The American Red Cross Babysitting Course** from 8 a.m. to 5 p.m. Saturday in building 1526. For information, call 524-1279.

**The American Red Cross Water Safety Instructor Course** — Class 1 from 8:30 a.m. to 4 p.m. March 26 to March 30. For information, call 526-3107 (indoor pool).

**The American Red Cross Water Safety Instructor Course** — Class 2 from 7:30 to 9:30 p.m. Mondays and Wednesdays, 7 to 11 a.m. Saturdays and Sundays April 11 to April 28. For information, call 526-3107 (indoor pool).

**The Selective Service System** has added a change of address page to its Web site that allows young men to update their registration information online. Federal law requires that men ages 18 through 25 notify Selective Service within 10 days of an address change.

**Friends of the Pikes Peak Library District** — Clean up and clear out giant used book sale, Sandcreek Library, 1821 S. Academy at Chelton. Today 6 to 9 p.m. (Friends only), Friends memberships on sale at the door, \$10 and up. Saturday 10 a.m. to 4 p.m. Hardbacks are \$1, paperbacks 50 cents. Sunday, noon to 4 p.m., \$5 entrance fee for everyone, take all the books you want.

**The Fort Carson Officers' Wives' Charitable Association** is now accepting names for the 2001 - 2002 board positions. This is an opportunity to get involved in and improve the quality of life in the Fort Carson community. For more information, call Pat Gauthier at 527-6297.

**The Armed Services YMCA** connects military personnel and their families to the community through YMCA programs. The YMCA of the Pikes Peak region provides reduced membership for military personnel grades E-5 and below as well as financial assistance for low income participants. The YMCA also maintains an Airport Information Center at the Colorado Springs Airport to help incoming personnel orient themselves to the community. For more information, call 393-9620, or click on the Web site [www.pyymca.org](http://www.pyymca.org).

**Volunteers, ages 16 and older, are needed for the Children's Literacy Center** to provide one-on-one tutoring in reading to first, second and third graders. To volunteer, call 471-8672.

**The Colorado Self-Help and Resource Exchange** is a program designed to offset the cost of food in the Colorado Springs area. For every two hours of time volunteers give, they can purchase a food package for \$15, which is usually worth between \$25 and \$50. For more information, call 526-4590.

**Post Shuttle Bus service hours have been reduced effective Jan. 1.** Service from 5 p.m. to 8 p.m. is eliminated. Service from 9 a.m. to 5 p.m. Monday through Friday will continue.

**Directorate of Public Works** announces that a water tank is being erected on the hill northwest of Titus and Harr. Construction will be continuing through August. Due to this area being a construction site, please do not enter on foot or vehicle unless official government business is being conducted. For information contact Kandy McBrite at 526-9239.

**Help for single parent families.** Family Advocacy is now offering assistance and problem solving for single parents Tuesdays at 5:30 p.m. in building 1526. Group discussions are held to address divorce recovery, remarriage, money management, stress, massage therapy and more. Free child care and pizza are available. For more information, call 526-4590.

**Child and Youth Services** currently has openings for Family Child Care Providers. Providers are needed both on-and off-post. Free training; free child care during training classes; a free starter kit and free use of toys/equipment from the lending library will be provided. An orientation class is conducted the first

Friday of each month at 1 p.m. at Child and Youth Services, building 5510, on Hart Avenue. If interested, call the Family Child Care offices at 526-3338.

**Annual leave donors** are needed for Dawn Marcella Ann Orr, an employee of Medical Department Activity. The leave is needed to cover her absence due to the exhaustion of her available paid leave. For more information, call 526-7246.

**Annual leave donors** are needed for Judith L. Dutt, an employee of the Fort Carson Public Affairs Office. The leave is needed to cover her absence due to the exhaustion of her available paid leave following surgery. For more information, call 526-8399.

**Annual leave donors** are needed for Linda S. Cellars, an employee of Medical Department Activity. The leave is needed to cover her absence due to the exhaustion of her available paid leave. For more information, call 526-7246.

**Annual leave donors** are needed for Stacey L. Pipken, an employee of Medical Department Activity. The leave is needed to cover her absence due to the exhaustion of her available paid leave. For more information, call 526-7246.

**Annual leave donors** are needed for George Bobo, an employee of Department of Environmental Compliance and Management. The leave is needed to cover his absence due to the exhaustion of his available paid leave. For more information, call 526-1684.

**The DECAM Fort Carson Wildlife Office** will host a public meeting entitled "Post Wildlife Concerns and Problem Solving" Tuesday. The meeting will be held at the Youth Services Center on Ware Ave. at 6:30 p.m. The public is encouraged to attend to learn more about local wildlife, voice any concerns, ask questions and learn how to better deal with wildlife problems. For more information contact Michael Dunning at 579-9088 or 579-9094.

**School District 11 Community Education** is currently taking registrations for a number of courses at a variety of locations throughout the city. An exciting addition this year to the program is "Action Saturdays," a series of classes for people age 50 and older, held on Saturday mornings. Topics include ballroom dance, Spanish, computer instruction, rhythm dance, watercolor, photography and more. Call 520-2384 for information and details. You may also access the Web site at [www.cssd11.k12.co.us](http://www.cssd11.k12.co.us).

**The installation's annual volunteer recognition picnic and awards ceremony will be on Saturday, June 2 from noon to 3 p.m. at Iron Horse Park.** Agencies need to submit nomination packets for volunteers who meet the criteria. Nomination packets must be submitted by March 30 to the Installation Volunteer Coordinator, 1500 Wetzel, building 1526. This is to ensure that awards can be processed through the Mountain Post, FORSCOM, and Department of Army in time for presentation at the June event. All volunteer hours for the year 2000 must be submitted to the IVC no later than March 22. Please contact the IVC, Gwendolyn Ragle at 526-8303 for assistance.

### Youth

**Grant Library Storytime** — Let's take a trip. Come join us this year for trips to many places. Wednesday to the St. Patrick's Day Parade, March 21 to the farm, March 28 to the open field. It all happens at Grant Library on Wednesdays, enjoy stories, crafts and visitors. For preschoolers ages 3 to 6 from 10:30 to 11 a.m. For details call 526-8140.

**The Colorado Springs Young Marines** are accepting new recruits. Boot camp starts March 31. Do you want to do more than participate in youth groups? Learn military customs and courtesies, military drills and ceremonies, military history (especially the Marine Corps History) earn rank from basic recruit to sergeant major and more importantly of all, work as a team. The Young Marines are an equal opportunity organization where both young girls and boys have the same opportunities to advance. Anyone between the ages of 8 to 17 may accept this challenge. For more information, call Susan B. Armstrong at 226-2479 or e-mail [SbaMarine@aol.com](mailto:SbaMarine@aol.com). There will be a parents' meeting on March 17 and 24 at building 5510, Beacon Elementary School, on post.

**The American Intercultural Student Exchange program** is looking for host families for high school foreign exchange students. The students live with families and attend local high schools during their five- or 10-month cultural exchange experiences. Host families provide these students with a place to sleep, meals and a loving family atmosphere. For more information, call (800) 742-5464, or visit the AISE Web site at [www.aise.com](http://www.aise.com).

# Happenings

MOUNTAINEER  
March 9, 2001

B5

## Military Briefs

**CG's Newcomers Briefing is today at the McMahon Theater.** It is mandatory for all newly assigned officers and soldiers to attend. Family members are welcome. Free child care is available by calling 524-0151.

**Army Emergency Relief Campaign is Thursday to May 5. Kickoff by Garrison Commander Col. Simeon Trombitas today at 1 p.m.** at The Elkhorn Conference Center, building 7300, Woodfill Ave. For more information, contact your Unit AER Representative or Becky Rudder at 524-1388.

**Transitioning from the Army?** Get a meaningful career the next day. Earn while you learn; nationwide positions available. The National Apprenticeship Program, U.S. Department of Labor, is facilitated by State Director Lou Nagel. Informational workshop is Thursday, 12:45 to 2 p.m. in building 1219, ACAP classroom. It is sponsored by Army Career and Alumni Program, 526-1002 or 626-0640. Sign up today at ACAP, building 1118, room 133; there is limited enrollment.

**Green to Gold Briefing.** Army ROTC conducts a Green to Gold briefing every Tuesday from 11:30 a.m. to 12:30 p.m. in room 124 of the Education Center. If eligible, you may get a bachelor degree and become a second lieutenant. If you have any questions contact Capt. Cindi Basenspiler at 262-3236. No appointment is necessary to attend the briefings.

**The Army and Air Force Exchange Service,** in conjunction with the Navy Exchange System, has announced that the DPP card has been replaced by the Military Star Card. More information is available at the Web site [www.aafes.com](http://www.aafes.com).

**Due to mandatory budget cuts, the DPW is reducing custodial service to buildings it is responsible for.** Services provided will include restrooms and common areas (i.e., hallways, stairwells, break areas, waiting rooms, and entranceways) only, which will be cleaned once a week. Service to reimbursable clients will not be affected. For more information call Fred Buckner, chief, CQA Branch, at 526-9241.

**Special Forces briefings are held Wednesdays at 1:30 p.m. and Thursdays at 1:30 and 3:30 p.m.** at Grant Library. You can apply for SF training as a private 1st class, but cannot begin training until you are an E-4. For more information, call 524-1461 or 524-1462.

### Better Opportunities for Single Soldiers

BOSS meetings are on the second and fourth Thursday of each month from 1 to 3 p.m. at Christopher's. For more information on how you can become active in the BOSS program, participate in events or if you have ideas, concerns or questions, contact Spc. Amy Hafford at 524-BOSS (2677).

BOSS is participating in the 2001 Commissary Awareness Campaign from March 1 to 15. This campaign is designed to help familiarize single soldiers with their local commissary. Highlighting this two-week celebration from 9 a.m. to 5 p.m. Wednesday there will be tours and scavenger hunts inside the commissary for single soldiers. All soldiers participating will receive a promotional bag filled with assorted goodies provided by commercial sponsorship and a chance to win mountain bikes and other prizes donated by the Fort Carson Commissary. If you are a single soldier who would like to participate, submit your name, rank, phone, and unit information to your chain of command.

### Legal Notice

With deepest regrets to the family of Master Sgt. Brian Look, C Company, 3rd Battalion, 10th Special Forces Group (Airborne), deceased. Anyone having claims against, or indebtedness to the Look estate should contact Capt. Joshua J. Potter, C Company, 3rd Battalion, 10th Special Forces Group (Airborne) at 524-1569.

### Legal Notice

With deepest regrets to the family of Sgt. Aaron K. Butler, 3rd Squad, 3rd Armored Cavalry Regiment, deceased. Anyone having claims against, or indebtedness to the Butler estate should contact 1st Lt. Drew C. Leopold, Headquarters Headquarters Troop 3rd Squad 3rd ACR at 526-8888.

**Directorate of Public Works** announces the following road closings due to pavement projects. Son Tay Road will be closed through March 30. Nelson, from Magrath to building 8142 will be closed until March 30. Minnie will be closed until March 30 due to construction at Nelson.

The following road will be affected by construction but not closed: Fort (Harr to Mountainside School) until April 13. For more information call Danny Moyer at 526-5115 or 526-9222.

**Central Issue Facility hours of operation** — Regular business hours: Monday through Friday 7:30 to 10:30 a.m., Monday, Tuesday, Wednesday and Friday 11:30 a.m. to 3 p.m., closed Thursdays at 11 a.m. InProcessing/Initial Issue/Partial Issue: Monday to Friday 7:30 to 10:30 a.m. Cash Sales/Statement of Charges: Monday, Tuesday, Wednesday and Friday 11:30 a.m. to 3 p.m. Direct Exchange: Monday through Friday 7:30 to 10:30 a.m. Monday, Tuesday, Wednesday and Friday 1 to 3 p.m. Partial Turn Ins (walk in) Monday, Tuesday, Wednesday and Friday 11:30 a.m. to 3 p.m. Full Turn-Ins by appointment: 524-2006 or 524-2007.

**Attention Korean War Veterans.** If you would like to receive the Korean War Service Medal, and you served in the military between June 25, 1950, and July 27, 1953, you may receive this medal at a formal ceremony sponsored by the Dutch Nelson Chapter of the Korean War Veterans Association, and the Korean/American Society of Colorado Springs. For more information, call the Dutch Nelson Chapter's point of contact, Scott L. Defabaugh at 444-0399.

**Retiring but still want to serve? Junior ROTC employs approximately 3,200 retired officers and noncommissioned officers for its 1,400 programs.** Applications are accepted from all officers and non-commissioned officers honorably discharged from active military service for five or fewer years, or are within one year of retirement. Applicants must have a strong desire to teach and develop young people, represent the U.S. Army in the classroom and community, be physically and mentally fit and have been approved as an instructor. For more information call Capt. Kristin Bowen at 524-2694 or Sgt. 1st Class Marcus Pitchford at 526-8626.

**Here's a chance for career civilians** to become more valuable to your organization and the Army. Join the team of future leaders who are graduates of the Army Management Staff College. Eligible are: centrally funded DA civilians, GS-12 to 14s, with high potential and desire to make a difference (GS-11s may apply by exception).

The next class is in May — slots go fast. Take a few minutes to apply now on-line for the Sustaining Base Leadership and Management Program. Application information is provided on the AMSC homepage: <http://www.amsc.belvoir.army.mil>.

**The Used Car Sales Lot is in the Mini Mall parking lot.** Parking is restricted to motorcycles, cars and pickup trucks with approved Fort Carson permits.

Permits are issued at a cost of \$10 for a 30-day period. For more information call 524-1146.

**The Army Career and Alumni Program Center** now has set times for clearing. Monday through Wednesday, 7:30 to 9 a.m. and 3:30 to 4:30 p.m., Thursday 9 to 10 a.m. and 3:30 to 4:30 p.m., Friday 7:30 to 9 a.m. and 1 to 2:30 p.m. If you have questions, call 526-1002 or 526-0640, or visit the Web site [www.carson.army.mil/ACAP/acap.html](http://www.carson.army.mil/ACAP/acap.html).

**The Sergeant Audie Murphy Club** event calendar is as follows:

All meetings are held monthly on the third Wednesday of the month at 11:30 a.m. at the Mountain Post Wellness Center on the second floor conference room in the Family Readiness Center.

Induction ceremonies and rehearsals are held at McMahon Theater. All other events are conducted in the main conference room of building 1430. For more information, call 526-2409 or 526-3887.

**Reminder to all outprocessing soldiers:** All personnel are required to begin outprocessing the installation 10 days prior to the date on the orders, regardless of marital status or unit obligations. The Fort Carson Outprocessing Center is located on the second floor of the Welcome Center, building 1218. For more information, call 526-4454.

**ETS/Transition** — Soldiers transitioning should keep in mind that ETS/Transition brief is mandatory for personnel transitioning. Soldiers will pick up their orders and make their finance pre-separation appointment at the meeting. Soldiers will not receive ETS orders unless they attend the briefing. For more information call Staff Sgt. Gonda at 526-0475 or 526-8473 or Sgt. 1st Class Frank Heath, NCOIC, Transitions at 526-4298.

**The Enlisted Spouses Charitable organization** meets every third Wednesday of the month at the Friendship House on post at 7 p.m. For more information, call Monica Hewitt at 382-1927.

**The Fort Carson Waiting Families Program is here for spouses of soldiers on unaccompanied hardship tours and extended deployments.** Call Barbara at 526-4590 for more information.

**New Modern Army Recordkeeping System (MARKS) Regulation.** The new MARKS Regulation, AR 25-400-2, dated Oct. 1, 2000, with an effective date of Nov. 1, 2000, has been published on the Internet. The previous MARKS Regulation, dated Feb. 26, 1993, is obsolete. Hard copies of the new regulation will not be issued. The new MARKS Regulation is set up into two sections. The first section contains reference to include policies and procedures. To access the first section, type the following address: <http://www.usapa.army.mil>. The second section is Appendix B which contains the file categories, MARKS file numbers and disposition instructions. To access this section type in [www.rmd.belvoir.army.mil](http://www.rmd.belvoir.army.mil).

**TRICARE Senior Pharmacy program briefings.** Attn: Eligible seniors: A TRICARE representative will be in your area to host briefings summarizing the new TRICARE Senior Pharmacy Program, which becomes effective April 1. These briefings will cover the same information that you received in your packet. If you fully understand the packet information, it is not necessary for you to attend. The briefings will not address TRICARE for Life. Fort Carson briefings will be at McMahon Theater, located near the commissary. Dates: March 27, 8:30 and 10:30 a.m., March 28, 8:30 and 10:30 a.m. and 1:30 and 3:30 p.m., March 29, 8:30 and 10:30 a.m. For more information on program visit Web site: [www.tricare.osd.mil/ndaa](http://www.tricare.osd.mil/ndaa) or call (877) 363-6337.

**Editor's note:** The deadline for submitting "Briefs" to the Mountaineer is 5 p.m. Friday before publication date.

## Sports & Leisure

**The Armed Services YMCA** offers step aerobics classes Tuesdays and Thursdays at the Meadows Park Center from 9:30 to 10:30 a.m. The cost is \$8 for a two-month session. The Deerfield Center offers low impact aerobics Monday, Wednesday and Friday from 9:15 to 10:15 a.m. The cost is \$12 for a two-month session. For more information, call 393-9620 ext. 130.

**Fort Carson Youth Sports** needs volunteer coaches for several upcoming sports seasons. No experience is necessary, as all leagues are developmental. For more information, or to volunteer, call 526-1233.

**Forrest Fitness Center is now offering "Cycle Reebok" to all ID card holders.** Classes are held six days a week, Mondays at 5 p.m., Tuesdays at 3:30 p.m., Wednesdays at 5:40 a.m. and 5 p.m., Thursdays at 3:30 p.m., Fridays at 4 p.m. and Saturdays at 9:30 a.m. Classes are 50 minutes long, and first-timers should arrive 15 minutes early. For more information, call 526-9120.

**Little League skill evaluations for children ages 9 to 16 will be held at El Pomar Youth Sports Complex Saturday at 10 a.m.** The complex is located off of Executive east of Harrison High School at South Circle and Interstate 25. The league is in need of a coach for a Fort Carson area 7 and 8-year-old team.

Players from the 5 to 8-year-old divisions are assigned to teams geographically rather than a draft format based upon evaluations. To register your child for the league, go to [www.csyba.org](http://www.csyba.org) or call 591-1819. Registrations for most divisions will be closing this weekend.



# Get Out!

## Ice Disney

"A Toy Story" on ice is March 21 through March 25; tickets start at \$14.75 at the World Arena. There are daytime shows on Saturday and Sunday. Call 576-2626 for information or check online [www.DisneyOnIce.com](http://www.DisneyOnIce.com).

## Theater

"Footloose" is March 30 and 31 at the Pikes Peak Center, 190 S. Cascade; call 520-SHOW for ticket information.

## Pavarotti in concert

One night only, Pavarotti is in concert in the Pepsi Center March 22, at 8 p.m. Tickets are on sale through TicketMaster, 520-9090.

## Museum exhibit

"No Two Alike: African-American Improvisational Patchwork," is an art exhibit now at the Colorado Springs Pioneer Museum, 215 S. Tejon. The exhibit features more than 20 quilts in traditional style. The exhibit is free as is the museum, which is open Tuesday through Saturday, from 10 a.m. until 5 p.m.

## Denver concerts

"David Clayton-Thomas" with "Blood, Sweat & Tears" are on stage May 12, at 7:30 p.m. at Magness Theater at the University of Denver. Tickets are available at TicketMaster, 520-9090.

Billy Joel and Elton John are in the Pepsi Center April 9, at 7:30 p.m. Call TicketMaster at 540-9090 for ticket.

## Women's history at Bent's Fort

Bent's Old Fort near LaJunta presents a Saturday series of programs throughout March called "Petticoats on the Prairie: The Women of Bent's Fort." The presentations are at 2 p.m. each Saturday in March and last about 45 minutes. Fort employees will provide the stories of Susan Magoffin, Charlotte Green and Owl Woman. The fort is open from 9 a.m. to 4 p.m. daily. Admission is \$2 for anyone older than 5 years old.

## Melodrama

Iron Springs Chateau has "Danger Ranger

"Granger" in the Melodrama Dinner Theater in Manitou Springs. Dinner and show tickets are \$22.50 for adults, with children's rates and group rates available; call for information 685-5104. Reservations needed; dinner at 6 p.m., with the show at 8 p.m. Tuesday through Saturdays.

## Dinner theater

"The Last of the Red Hot Lovers" is at the Castaways Theater, Fridays and Saturdays, 103 Manitou Ave., in Manitou Springs. Call 471-7529 for tickets, which are \$35 for dinner and the show.

## Youth theater

"Cinderella" by the Pikes Peak Youth Theater continues at Lon Chaney Theater, 221 E. Kiowa, through Sunday, call 578-6652. Tickets start at \$6. Performances are at 7 p.m. today, Saturday, and 2 p.m. Sunday.

"Jack and the Beanstalk" is set for April 2 through 7, and again June 12 through 16, at the Fine Arts Center theater, 30 W. Dale St.

## Denver theater

Barry Manilow's "Copacabana" is in Denver Tuesday until March 18, at Denver's Buell Theatre, downtown, at 11th and Curtis. Tickets start at \$25, call (800) 641-1922 for information.

## Super Saturday

The Western Museum of Mining and Industry presents another Super Saturday program, "Lights, Camera, Action!" tomorrow from 1 to 4 p.m. The program is geared for children ages 6 to 12. Participants will discover mining town life through 100 year-old photographs, learn how to take pictures and visit the new photo exhibit at the museum. Admission is \$2 per person and reservations are required; call 488-0880. The mining museum is off exit 156A of Interstate 25, opposite the Air Force Academy North Gate.

## St. Patrick's Day

Old Colorado City has been celebrating St. Patrick's Day for 18 years with a grand Irish parade. The parade starts at noon March 17, on West Colorado Avenue between 27th and 19th Streets. Help kick off spring by watching floats, bands, pipers, Irish dancers, belly dancers, antique cars and flag twirlers. There'll be a 5-kilometer race and a Leprechaun fun run earlier.

## Spring break camp

Cheyenne Mountain Zoo has a day camp during spring break, March 26 through 29, from 9 a.m. to 3

p.m. daily. The cost for "Junior Keeper Camp" is \$120 per person for zoo members and \$135 for non-members, and includes a camp T-shirt. Call 633-9925, ext. 140 for information about the camp.

## Wear green, attend an Irish party

An Irish Ceili, read that "party," is at the Youth Outreach Center, 1801 N. Union Blvd. March 24, beginning at 7 p.m. The family-oriented Ceili is sponsored by the Mountain Road Ceili Band, St. Brendan's Irish Dancers and Jack Quinn's. Tickets for adults are \$7 at the door; children ages 3 to 12 are admitted for \$3.

## Symphony

The Pueblo Symphony performs March 17 with guest artist J. Mark McVey, the star in Broadway's "Les Miserables." Music will include traditional Irish music and Broadway favorites, and begins at 7:30 p.m. in Hoag Recital Hall on the University of Southern Colorado Campus. Tickets start at \$14 and are available at (719) 545-2404.

## Dinosaur Depot

The Dinosaur Depot in Canon City has recently taken delivery of two large crates of dinosaur bones from the Smithsonian Institution. The crates return artifacts removed from Canon City's Garden Park Fossil Area in the 1880s. The fossils will undergo preparation for display in the Dinosaur Depot. Visitors are able to watch the work in progress. The Dinosaur Depot is at 330 Royal Gorge Blvd. in Canon City. Call (800) 987-6379 for information.

## Open cockpit day

The Pueblo Weisbrod Aircraft Museum has "open cockpit day" March 31, from 10 a.m. until 2 p.m. to allow visitors to sit in the cockpit of a C-119 aircraft. Known as a "Flying Boxcar," the gunship was used to transport and drop paratroopers during the Korean and Vietnam wars. The museum is located at the Pueblo Memorial Airport, a few miles east of Pueblo on Highway 50.

## Classic film

An upcoming classic film at the Fine Arts Center theater is "Cat on a Hot Tin Roof," March 20. Tickets are \$3 per person at the door, 30 W. Dale St.

## Denver museum exhibit

The Denver Museum of Nature and Science has opened its new exhibit "Vikings: The North Atlantic Saga," which runs through May 28. The exhibit tells the story of the Vikings and their discovery of North America 1000 years ago. Admission is \$9.50 for children and \$12 for adults which includes the museum.

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# Happenings

MOUNTAINEER  
March 9, 2001

**B7**

## Pvt. Murphy

by Mark Baker



### Program Schedule for Fort Carson cable Channel 10, today to March 16.

**Mountain Post Magazine:** Stories on and about Fort Carson soldiers, civilians and family members. Airst at 7 a.m., 10 a.m., noon, 3 p.m., 7 p.m. and midnight.

**Army Newswatch:** includes stories on Rocky Mountain Arsenal Sarin gas bomblets, Mad Cow disease and an overview of Forces Command (repeat). Airst at 7:30 a.m., 12:30 p.m., 7:30 p.m. and 12:30 a.m.

**Air Force News:** includes stories on the state of the U.S. Air Force in Europe, depleted Uranium and the Indian earthquake assistance (repeat). Airst at 8 a.m., 1 p.m., 8 p.m. and 1 a.m.

**Navy/Marine Corps News:** includes stories on the Marine Corps Marathon, salvaging the Ehime Maru and ARGUS. Airst at 8:30 a.m., 1:30 p.m., 8:30 p.m. and 1:30 a.m.

Channel 9 daily broadcasts SCOLA, foreign language news broadcasts. Access the schedule at the Fort Carson Web site.

If you have comments on Channel 10 programming or wish to coordinate a broadcast on Channel 10, please contact Douglas Rule at 526-1241 or via e-mail at:

[Douglas.Rule@carson.army.mil](mailto:Douglas.Rule@carson.army.mil)

Program times will be published in the *Mountaineer* provided coordination is made one week prior to publication.

If you have story ideas for Mountain Post Magazine, contact Richard Bridges or 1st Lt. Nadia Calderolli at 526-1265, 1253 or 2941, or e-mail [Richard.Bridges@carson.army.mil](mailto:Richard.Bridges@carson.army.mil) or [Nadia.Calderolli@carson.army.mil](mailto:Nadia.Calderolli@carson.army.mil).

If you wish to have a training videotape shown on Channel 9 only, contact the Regional Training Support Center at 526-5111.

For additions to the Community Calendar, please submit a clean, typewritten copy of the information to the Public Affairs Office, room 2180, building 1550, Fort Carson, CO 80913 or fax it to 526-1021 no later than the Friday before airing time.

Mountain Post Magazine is shown on Adelphia cable channel 13 or WANT-TV 103 on Monday at 2:15 p.m., Thursday at 4:15 p.m. and Saturday at 10:15 a.m.

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